



# Signals from

## Sailability Manly

August 2018 Edition 153

[www.manlysailability.com.au](http://www.manlysailability.com.au)

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## Special Meeting for the Election of Officers for the Coming Year

12 people turned up for our Special Meeting this year, on 13th August.

*This Year's Elected Committee is:*

*President: Warwick MacKenzie*

*Treasurer: Patrick Alexander*

*Secretary: Eli Demeny*

*Minutes Secretary: Rob Southam*

*Membership Secretary: Helen Hendry*

*Volunteer Coordinator: Eli Demeny*

*Volunteer Roster Manager: Warwick McKenzie*

*MYC Rep: Jackie Morgan*

*Systems Coordinator: Ken Boyes*

*Maintenance: David Webb, David Goldner, Denis Linney.*

*Race Officers: Denis Linney/Ken Boyes*

*Webmaster: Alan Bimson*

*Sailability NSW Rep: Denis Linney, Ken Boyes, Eli Demeny.*

*Signals Editor: Jennie Fogarty*

*Extra Committee Members: Ray Rampton, Caroline Holdstock.*

## Training Day for all volunteers.

8th September 9.00 am - 1.00 pm

*Our first day back for the new season is Saturday, 8th September*

*This will be a training day for all volunteers, whether old or new. We will be running over skills needed on the pontoon, skills needed for rigging, skills needed for putting away. Ways to avoid back injury and the correct handling of heavy equipment.*

*We will also be looking at our special roles of Sailing Coordinator, Pontoon Manager, Life-Jacket Manager, Time Keeper, Radio Operator, giving information as well as discussions on how to make these work better.*

*As well as this, we will have an overview of using the Risk Management Tables and our current Operations Manual.*

*There will be important information for everyone, so please join us for this Training Day. A Barbecue Lunch will be provided free of charge.*

## Invictus Games.

*You will notice that we will NOT be sailing at Manly on 20th October. This is because all of our 303's will be in use at the Invictus Games at Farm Cove, between Botanical Gardens and the Harbour Bridge. The boats will be travelling over to Rushcutters Bay after having new sails fitted with special Invictus Games Insignia, and having the hulls cleaned. They will be sailed by sailors*

from Estonia, USA, Australia, UK and France. Volunteers from Manly will be busy at Rushcutters Bay helping with rigging and maintaining boats.



## Volunteering NSW Award Ceremony.

On Friday, 24th August, our very own Warwick McKenzie was asked to attend a meeting of Volunteering NSW at Dee Why RSL. He was presented with an award for being nominated for Volunteer of the Year for 2018.

Congratulations, Warwick, we are very proud of you, and thankful that you are our incoming President.

## Sailing Schedule for August to November 2018

Day	Date	Groups
<b>New season starts</b>		
Saturday	8 September	Training Day for all Volunteers 9.00 am – 1.00 pm
Wednesday	12 September	RFW, Arranounbai, Fisher Rd, Choose and Connect, HWNS, AFFORD
Saturday	22 September	Freshtracks, Sargood, Creativity Inc, Rap'n'Rave, Tramway, Trilogy
Monday	24 September	Freshwater, JARRBEL. BIRDS
Wednesday	26 September	RFW, Fisher Rd, Unisson St Ives, BeeCosWeCare, Sargood
Saturday	6 October	Booked Groups
Wednesday	10 October	Booked Groups
Saturday	20 October	No Sailing at Manly, boats at Rushcutters Bay for Invictus Games
Wednesday	24 October	RFW, Arranounbai, Unisson Fr Forest, Verne Barnett, BeeCosWe Care, Unisson Pymble
Monday	29 October	Freshwater, JARRBEL, BIRDS, Sargood
Saturday	3 November	Booked groups
Wednesday	7 November	Booked groups
Saturday	17 November	Booked groups
Wednesday	21 November	Booked groups
Monday	28 November	Booked groups

# A Most Satisfying Saturday 11th August 2018



Tara and Kerrie in Vin

A most satisfying day at Sailability, because the wind did not reach the high intensity that had been forecast, we had a most wonderful team of willing and active volunteers, and our sailing participants were all eager and enthusiastic.



Diane and Kundan in Charlie's Chariot

James was first, and he had a wonderful time; first a long sail across Manly Cove with John, and then, on his return a quick zip around on Charlie's Chariot to check on all the other sailors. Stephen arrived, was accommodated in a boat and didn't return for an hour.

Then, Susan, Alyssa and Ben, with Elsa and Christine. Susan, the very good girl that she was today, went for a sail, then came back to help Helene tidy the spare clothes container. Ben reluctantly climbed into Charlie's Chariot, went for a spin, then decided that he was ready for a cup of tea, and came back.



Sailing boat in the distance with 9 children

Daniel arrived, without his mate, Laurie, paid up his membership for the year, and went for a sail in the fresh air and wonderful sunshine. Next were Judy and Adonis, then Jackie, Diane, Tess and Duncan, then the other Ben, with Betty and Peter, and last of all, Shelby and Fred. While all boats were out there on Manly Cove, the sailors discovered an old sailing boat that has been travelling the world with nine children and their parents on board, an incredible sight for all of our sailors.



Claire showing off her sailing skills with John in Eli D

Our powerful team of helpers for today consisted of:

Sailing Coordinator: Caroline  
Pontoon Manager: David  
Support Boat Driver: Warwick  
Photographer: Ken  
Observer: Nikki, Jasmin  
Sailors: Tara, Mitchell, Crosbie, Denis, John, Vince, Ivan, Michael.



Ben and Vince riding the waves in ING

Duke of Edinburgh Volunteers: Claire, Ella, Millie and Kate who were everywhere, learning the skills needed at Sailability. This included today: learning to sail, being the chef, skills managing people with a disability, rigging and de-rigging etc.

Up on deck: Radio: Tony, Time keeping, Lyn, Registrar, Eli, Life-jackets, etc.

On the Pontoon: Andy and Helen.

A signature Sailability day!



# Sail Training Day for Volunteers. 18<sup>th</sup>



Start of the day rigging



Andy and Claire



## August 2018.



Ken and David

The first of our sail training day for volunteers was held on a day when the wind was forecast to hit 40 knots in the afternoon. We decided to go ahead, in spite of this forecast as it looked like the perfect sail training day at 9.00 a.m., a gentle 5 to 8 knots, with a few gusts.

We broke up into pairs of a reasonably competent sailor with a beginner as a partner. We started with a very detailed look at the rigging, with Denis in charge, explaining how each section of the process is carried out, and the reasons for it. There was a very strong sense of concentration, so that when the partners went away to rig their own boat, it was much more easily accomplished than is generally the case. The partner groups then took their own boats down to the pontoon, and learnt how to attach the rudder and keel to their own boat, being conscious of the safety aspect of this operation. Then into the boats, and off to the Western Side to practise sailing skills for a good hour. When the wind started getting higher, all boats made their way back to the pontoon, and were brought out of the water and de-rigged then washed by the sailors who had sailed them.



Denis and Ella

After this, Denis again got the sailors together, this time with a white-board, model boat and diagram. He went through the design features of the Hansas to explain what makes them go faster in a racing situation. All crews were transfixed by this session, and went away with the feeling of a day very well-spent.



Denis sharing his wealth of sailing knowledge

A huge "THANK YOU" to Denis, and to everyone who spent the time today to learn all about the boats we sail, and took the opportunity to practise the skills we need.

# Worthwhile Wednesday 22nd August 2018



Lara, Sophie and Damon in Charlie's Chariot



Rob enjoying a sail in ING Chariot

A brisk Westerly to South Westerly defined today's sailing, when Sailing Coordinator, Jennie and the crew arrived to set up and rig 8 boats, as 30 people were booked in for a sail this morning.

Warwick was the Charlie's Chariot driver, and Ken his side-kick.

Sailors: John P and John W, Denis, Ivan, Rob, Michael, Peter, Ivan, Rob, Michael, David were kept busy on the water or on the pontoon, taking turns throughout the morning.

Helping on the deck and on the pontoon were Ros and Eli.

Radio: Corey.

Time keeper: Ray kept everything under control.



Jennie and Sophie in Alex



David and Justin in Dolly Wallis



Joseph, Sharmaine and Liam in Charlie's Chariot

We started the morning with a large group of students from Royal Far West: Matthew, Jackson, Imogen, Lara, Zach, Braedon, Josh, Sophie, Karla, William, Taylor and Damon, students from



Kamara, Tamworth, Griffith, Deniliquin, Tionee and other places in NSW were eager to hop in the boats, so after borrowing warm clothes from our spare clothes collection they set off across the bay either sailing, or observing from Charlie's Chariot. There was quite a large swell, so the sailing was quite exciting and very enjoyable. Thanks, Craig and Jenny for the help you gave to facilitate this for your students.

The little kids from Verne Barnett arrived next, with helpers: Sarah, Laura, Jodi, Elle and Shar.

Aria, Aliyana, Carson, Callum, the 2 Jacks, Justin, Joseph, Koby, Liam, Mason, were kept busy the whole morning. Choices of when to sail, when to take a turn in Charlie's Chariot, when to have morning tea, when to listen to the "Book Without Pictures" being read by Shar, or Mason kept the students involved and interested. Again, the height of the waves in the bay was an exciting feature of the morning for the children and their sailors.

Ellias, John, Oliver and Jimmy arrived from St Ives with helpers, Colin and Andrew and went for their sail and finally, Chelsea and Jack came down with Meg and Sam for their sail.



**Jimmy and Michael in Dolly Wallis**

Everyone agreed that this was a fabulous morning and thanked the sailors for their efforts.

## *Wednesday Sail Training 29th August 2018*



**Engaged learners with Denis**



**Chris and David W in Alex**

Last week, we had a Saturday Sail Training Day for our Saturday volunteers, today was the day we brought this to our Wednesday Volunteers. The 19 people who turned up had a wonderful time learning about the rigging, then took the 303's out for a wonderfully timeless sail in the stiff breeze. We met new volunteers Kevin, Ragnild and Chris for the first time and hope they will return for more fun with some of our Sailing Participants in the coming weeks.

Also with us were: Joy, Brian, Ted, Linda, Jennie looking for some extra sail training from Michael, Denis, Ted, Warwick, Peter, Ivan, David. John W, Allison, Heather and Joy were in Charlie's Chariot, keeping an eye on things.

We fished in plenty of time to learn some de-rigging and putting away skills, with everyone intent on learning where to put things, and how to facilitate the taking out of boats next time.



**Linda and Ted in Woody**

Thanks for coming down, everyone, and thanks to the weather for being so kind to us.



**Tamara and Ivan in Black Swan**

## *Thank you so much to our sponsors:*

• David Webb \$1000 for radio and extra bits and pieces
• Betty and Peter Baines \$1000 for membership subsidies and Volunteer Recognition Evening
• Patron: Michael Regan, Mayor of Northern Beaches Council
• Hansa Sailing Systems \$5000 for seven new sail suits for Invictus Games, and then donated to Manly Sailability
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: New Marquee \$1533.40
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• Lynette Gould Ruffled Painting bought Stabilo Equipment

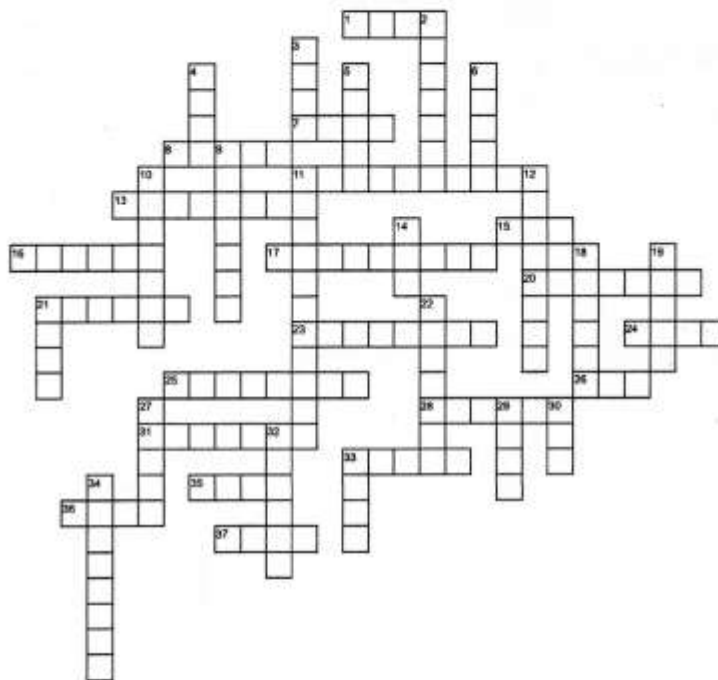
## *The Committee of Sailability Manly 2017 -2018*

President: Warwick McKenzie	Vice President: David Webb
Secretary: Eli Demeny	Treasurer: Patrick Alexander
Membership: Helen Hendry	Webmaster: Alan Bimson
MYC rep: Jackie Morgan	Maintenance: David Goldner and Committee
Volunteer Coordinator: Eli Demeny	Systems coordinator: Ken Boyes
Race Organiser: Denis Linney and Ken Boyes	NSW rep: Denis Linney, Eli Demeny, Ken Boyes
Minutes Secretary: Rob Southam	Signals editor: Jennie Fogarty
Committee Members: Caroline Hadstock Ray Rampton, Warwick McKenzie (Roster Manager)	

## *Sailability Crossword (Solution in Sept edition)*

## Sailability

Parts of a boat



### Across

- 1 Bottom edge of the sail
- 7 Fixed underwater fin used to stabilise the boat and stop sideways drift
- 8 Another name for a pulley
- 11 Downhaul used to change the shape the main sail
- 13 This shows the flow of wind over a sail
- 15 Triangular sail in front of the mast
- 16 Device used to reef or wind in a sail
- 17 Right side of the boat
- 20 A fitting used to connect sails and halyards
- 21 Used to remove water from the boat
- 23 Used to hold the boom down
- 24 A vertical pole used to support sails
- 25 Upper edge on the side of a boat
- 26 A big thank you to this person
- 28 Extension attached to the rudder
- 31 A rope used to raise and lower a sail
- 33 Back of the boat
- 35 Top corner of a sail
- 36 Left side of the boat
- 37 Lower trailing bottom corner of a sail

### Down

- 2 Vertical section at the back of the boat
- 3 Lower leading corner of a sail
- 4 Main body of the boat
- 5 This is the colour for starboard
- 6 Trailing edge of the sail
- 8 A line attached to the clew of the main sail to pull it out
- 10 Give these plenty of room
- 11 Lightweight fin used to stop sideways drift
- 12 Main power source of the sail boat
- 14 Front of the boat
- 18 Secondary source of power to move a sail boat
- 19 A fitting to secure lines
- 21 A horizontal pole attached to the mast used to hold the main sail out
- 22 A line attached to the bow to tie it to a dock or other boat
- 27 A rope attached to a sail to pull it in or let it out
- 29 Any rope on a boat
- 30 This is the colour for port
- 32 An underwater fin used to steer the boat
- 33 A wire used to support the mast
- 34 This replaces a tiller in the Hansa 303 boat