



# Signals from Sailability Manly

April 2021

Edition 181 Edited by Heather Mackay [www.manlysailability.com.au](http://www.manlysailability.com.au)

## In This Issue

- Note from the Editor
- Dates for Your Diary
- Upcoming Sailability Dates
- Our Generous Sponsors
- The Committee of Sailability Manly 2020/21
- Membership Information pg 8

## Sailing Reports

- 10 April – Surprising Saturday pg 4
- 14 April – A Wonderful Wednesday pg 5
- 24 April – A Sensational Saturday pg 6
- 28 April – A Warm Wednesday pg 7

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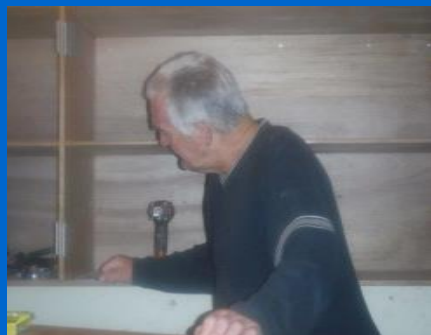
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**Photo on Right:**

**Warwick, Peter, David G**

**Photo Below:**

**Warwick Mckenzie**



## April: World Autism Month by Heather Mackay

After a beautiful Easter long weekend break, another packed month kicked off for Sailability Manly. We experienced four gorgeous sun-drenched sailing days with our participants and volunteers, plus resumed our BBQ Saturday \$2 Sausage Sizzles.

The month of April was also **World Autism Month**, designed to help spread kindness and Autism awareness around the world ([www.autismspeaks.org](http://www.autismspeaks.org)). On 2 April, the international community came together to "Light it up Blue" in recognition of the 14<sup>th</sup> annual World Autism Awareness Day (WAAD). This day has been an officially sanctioned United Nations General Assembly Day of Observance since 2008, dedicated to celebrating all children and adults who live with Autism Spectrum Disorder (ASD) and those who love and support them. If you wore blue or were involved in any special World Autism Month activities, please send in your photos and stories to share with our readers in next month's **Signals**.

Building a fairer, healthier world was the campaign for this year's **World Health Day 2021** (7 April), which the Covid-19 pandemic highlighted by bringing awareness to the inequality of access to health services in many countries around the world. For more information on this unfair and preventable social issue, please check out <https://www.who.int/campaigns/world-health-day/2021>.

On to more local news: Tuesday to Thursday 20-23 April, Sailability Manly benefitted by the installation of a new storage cupboard! Thanks to the ingenuity of David Goldner and David Webb, we now have a magnificent and energy efficient storage cupboard. These storage units save time and energy, because now all of our gear can be moved outside on Sailing days with a minimum of entries and exits to Manly Yacht Club by volunteers. This cupboard was the last project to be completed, and it was a huge effort for only a handful of people who made the time to pull out the old storage units (to be repurposed) and replace with cupboards that we can really use. The construction includes a safe ladder that can be hooked over the railing to give full access to shelving that even tiny Eli can access. This addition provides us with a large amount of space to store all of our equipment and the tools to keep everything maintained. The photos don't do it justice; inside is amazing! Moving and reorganising our equipment will be slow, careful, logical, and ethical and take a few more days of deliberation. In the meantime, the floor has been vacuumed and all looks spacious and comforting!



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Denis Linney

## Dates for Your Diary - through June 2021

**25<sup>th</sup> Anniversary Volunteer Appreciation Dinner, 5 May 2021:** Our 25<sup>th</sup> Anniversary Celebration of Sailability in Manly and Volunteer party has finally arrived and will be held this Wednesday at the Manly Yacht Club. We look forward to spending a wonderful evening in honor of our tireless volunteers.

**May Regatta, 22 May 2021:** Our closing-of-Summer Season Regatta will be held on Saturday, 22 May. The Wayne Black Trophy has been very strongly contested this year! Please submit your name to Ken Boyes as soon as possible to be in the race for this prestigious Trophy. Skippers are counted separately to Crews, so it is important to designate yourself as one or the other which gives you a chance of holding a Sailing Trophy for the next 12 months. Email (**krboyes@optusnet.com.au**), or chat with Ken at Sailability on 8 and 12 May.

**Volunteer Radio Training, 12 and 16 June 2021:** John W will be holding two Radio Training days for our volunteers on a Saturday and Wednesday in June. Saturday volunteers should attend the Saturday 12 June session and Monday / Wednesday volunteers should attend the Wednesday 16 June course. If you are a volunteer who participates on all of our sailing days, you may choose to attend one or both sessions, depending on the date you prefer. For more on the radio course, flip to page 8.

**Reminder:** General Sailing Day Bookings are filling up fast so Group Leaders, we urge you to please contact Jennie at **bookings@manlysailability.com.au** to schedule a solo or group booking.

## Sailing Dates - May through August 2021

Wednesday	5 May	25 <sup>th</sup> Anniversary Volunteer Recognition Dinner
Saturday	8 May	Booked Groups, General Sailing
Wednesday	12 May	Booked Groups, General Sailing
Saturday	22 May	May Regatta
Wednesday	26 May	Booked Groups, General Sailing
Monday	31 May	Booked Groups, General Sailing
Saturday	12 June	Radio Training for Saturday Volunteers
Wednesday	16 June	Radio Training for Mon/Wed Volunteers
Monday	28 June	Booked Groups, General Sailing
Saturday	10 July	Booked Groups, General Sailing
Wednesday	14 July	Booked Groups, General Sailing
Monday	26 July	Booked Groups, General Sailing
Saturday	14 August	Booked Groups, General Sailing
Wednesday	18 August	Booked Groups, General Sailing
Monday	30 August	Booked Groups, General Sailing

On General Sailing Days, volunteers should arrive at the Manly Yacht Club by 8:30 a.m. and sailing participants from 9:45 a.m. Visitors are always welcome to come by, see what we do and try us out! Please remember to ring (02) 9976 2747 on the morning before you arrive to ensure the day's sailing has not been cancelled. Parking permits are available. As of Wednesday, 3 March, the cost of temporary members will be \$5.00 each.

## Contact Us

**SYSTEMS  
COORDINATOR:**  
Ken Boyes

**RACE ORGANISERS:**  
Denis Linney and  
Ken Boyes

**MYC REPRESENTATIVE:**  
Peter Ward



**Photo Above:**  
Caroline, Sailing Coordinator



**Photo Above:**  
Boats in the Harbour at Manly  
Yacht Club

## Thank You to Our Generous Sponsors!

David Webb: \$1000 for radio and extra bits and pieces
Betty and Peter Baines: \$500 for membership subsidies and Volunteer Recognition Evening
Patron: Michael Regan, Mayor of Northern Beaches Council
Hansa Sailing Systems: \$5000 for seven new sail suits for Invictus Games and then donated to Manly Sailability
Premier Automotive, Jeff Smit: Boat trailer inspection for registration
Manly Yacht Club
Lion's Club of Manly: \$2,000 towards maintenance of Charlie's Chariot
Warringah Mall Community Club: \$500
Balgowlah Masonic Lodge: Donation \$3,000
Bendigo Bank: New Marquee \$1533.40
Cromer Golf Club: Hansa 303 Black Swan
Cerno Insurance: Hansa 303 Vin
Alice Cleary's Running Team, Membership for BIRDS and Royal Far West
Lynette Gould Ruffled Painting bought Stabilo Equipment
Federal Government Grant paid for First Aid Courses
Northern Beaches Council supplied Parking Permits for our volunteers
Northern Beaches Council Grant for radios and radio training, \$1650.00
David Goldner and David Webb: improvements to storage, trolleys, cupboards
Club Totem for providing a conference room for our monthly Committee meeting

## The Committee of Sailability Manly 2020 / 2021

President: Warwick Mackenzie	Secretary, Volunteer Coordinator and SNSW Rep: Eli Demeny
Treasurer: Sue Marshall	MYC Rep: Peter Ward
Membership: Helen Hendry	Webmaster: Alan Bimson
Race Organisers: Denis Linney and Ken Boyes	Social Committee: Jackie Morgan and Ragnhild Purcell
Systems Coordinator (including Covid-19 Officer): Ken Boyes	Safety/Maintenance: David Webb, David Goldner and Denis Linney
Sailing Groups Coordinator: Jennie Fogarty	Editor of <i>Signals by Sailability Manly</i> : Heather Mackay
Committee Members: Warwick Mackenzie, Jackie Morgan, David Webb, Ragnhild Purcell, Denis Linney, Eli Demeny, Sue Marshall, Ken Boyes, Peter Ward, Alan Bimson, Jennie Fogarty, Heather Mackay and Caroline Holdstock	



# Sailing Reports

## Saturday, 10 April 2021 - Surprising Saturday!

Today was notable because we had only a few bookings and volunteers, but lots of lovely people turned up and the weather was stunning. New volunteers Sandra and Howard (sought through SEEK VOLUNTEER) arrived and met the group, and then we settled to rigging and launching four boats. Wilma had returned from her break and kept busy as Registrar, Ken set up the radio and Jim took the keys to collect Charlie's Chariot. Our stalwart sailors in today's strong breeze were: Michael, Denis, Crosbie and Vince, plus later on Helene had a cruise in the lessening breeze. Nikki, Maleea and Scott managed the pontoon, Ros assisted with the life-jackets and Eileen served as the chef for our sausage sizzle and did a fabulous job! Sandra was in charge of the camera and Howard kept busy first having a sailing lesson with Denis, then helping to put the boats away.



**Crosbie and Kerry in Ralph Newman**



Sailing participants for today were: Vanessa, thoroughly enjoying the strong breeze off the water in Manly Cove with Vince, and later Kieran sailed with Vince as well; Kerry sailed out with Crosbie, Duncan paired up with Michael, Jackie had a nice time with Crosbie and Diane chose to ride in Charlie's Chariot with helper, Kundan. Meagan had a great ride with Vince as well.



**Denis and Howard in Woody**

**Meagan and Vince  
in Black Swan**

# Sailing Reports

Wednesday, 14 April 2021 - A Wonderful Wednesday

What a Wednesday! In absolutely perfect weather conditions we were delighted to be invaded by four booked groups and one more that had not booked. We were also joined by several individuals who decided to join us and take advantage of the perfect weather.



**Malcolm and Brian  
in Eli D**

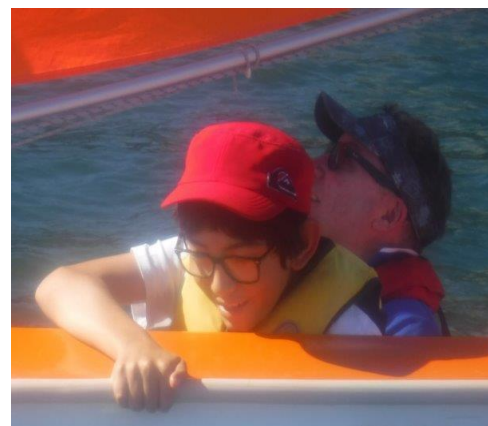
Congratulations to our hardy sailors: Rob, John B, Jim, Brian, Malcolm, Michael, Peter and John P, who each took at least six participants out for a sail on our beautiful stretch of water at Manly Cove, and to the Carers who took such wonderful care of their

participants while they waited their turn. The morning was an incredibly social one for all who were

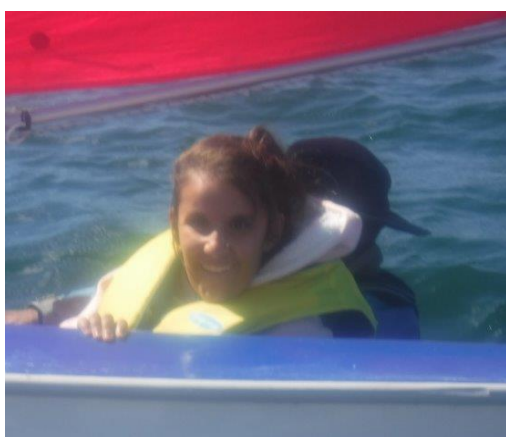
involved. Also, a humungous thank you to those who worked on this incredibly warm Autumn Day to make everything happen neatly: Sailing Coordinator - Eli, Pontoon manager - Caroline, Life jackets - Celia, Registrar - Wilma, Support Boat Driver - John W and Photographer - Eileen. Thanks so much to Eileen for the beautiful photos! Helpers were Bree, James, Bianca who brought Sahara; plus Jasmine, Edison, Azaan, Kadir, Muro and Bennie. Annelies and Kellie brought Unisson St Ives: Elias, Malcolm, John and Cath. Ashief brought Hanlin, and Andrew brought Zoe and was the absolute master of patience. Also in attendance were Catholic Care's Kathy, with Milan, Zae, Maggie (of the big smile), Jai, Xavier, Asher, Naaraka and Luke with their individual helpers. Trevor, Ben and Peter also came down to join the fun.



**Ella and Jim  
in Dolly Wallis**



**Shintaro and Rob in  
Ralph Newman**



**Jasmine and Denis  
in Woody**

Our two new volunteers, Howard and Sandra, helped on the pontoon...is that what they call the Baptism of Fire? Corey was incessantly busy on the radio directing boats to come and go, plus keeping track of time so that everyone enjoyed the maximum sailing session possible. David came and rescued the tired group at closing time, ensuring that everything got put away in the right place with a minimum of fuss. Thanks to John P also, who read out the instructions so that everything was put away in order.

**Denis and Harry in Woody**





# Sailing Reports

## Saturday, 24 April 2021 - A Sensational Saturday

What a lovely autumn day! From early morning until after our final sailing, the sky was blue with a gentle Westerly breeze. Lots of friendly people joined Sailability this morning to enjoy these lovely conditions.

Our Sailing Coordinator for the day was Michael, Eli the Pontoon Manager, Warwick on the radio, Helen the registrar, Wilma the Life Jacket assistant, Ken and John were captains on Charlie's Chariot, and Eileen and Sandra were photographers (in that order). Nola was a magnificent help on the pontoon. Our sailors were Denis, Jim, David G, Jennie, David W, Vince and Helene. Later on, Ian and Val came down to help. New Volunteer Meriana arrived to observe, then left stating she would be back once completing her "Working with Children" check.

Ivy brought Peter down for his first sail in quite a long time and he loved the experience. Anna arrived with Kerrie and Grant, but decided that sailing would be a bit too much pleasure and will try having a go next time. Grant was amazing! After many visits over the years, looking at the water with distaste and not opting for a sail, he suddenly decided that Manly Cove was the place to be! He happily jumped into a boat next to Denis and both went off sailing for ages. Meaghan happily went out for a sail after being hoisted into the boat, which saved some distress compared to her last visit with us. Kieran was his usual happy self and went for a sail, then helped as observer and flag operator on Charlie's Chariot until it was time to return home. When it was Vanessa's turn, off she went and she just loved the sailing, as usual. Last of all, Seb arrived from Sargood with Jan and Greg (a first timer) and loved the experience.

Today we tried out our newly built storage cupboard, learning a few lessons in the packing-up process. To end the day, our new Chef staff experimented with the barbecue and after a few attempts, got it right! Sausage sizzle, anyone?



**Kieran getting the flag ready**



**Jennie and Kerrie in Ralph Newman**



**David and Jan in Black Swan**



**Helene and Greg in Vin**

# Sailing Reports

Wednesday, 28 April 2021 - A Warm Wednesday

Another beautiful Autumn Day, however, we were missing a steady breeze! Our incomparable team of helpers arrived early and rigged up five boats for sailing. Caroline was an exemplary Sailing Coordinator, running the day smoothly for our volunteers and participants. Denis, Wilma and Helen were the early birds, setting up the deck for a smooth transition into sailing. The hospitality trolley was set up, then Life jackets and jib trolleys. Thank goodness for the two Davids who invented these marvelous pieces of storage equipment! Sandra and John P arrived along with Candice, while Warwick located the key to Charlie's Chariot and set off to collect. Corey served as radio operator and Ken was on deck duty. Sailors: Peter, John W, Brian, Ted, Michael, Steve and John B. Eileen and Sandra helped on the deck and pontoon and later helped with a cleaning job in the boat-room, which took a lot of energy. Ros arrived a little later; David W came almost in time to pack up...but a quick sail made it all worthwhile.



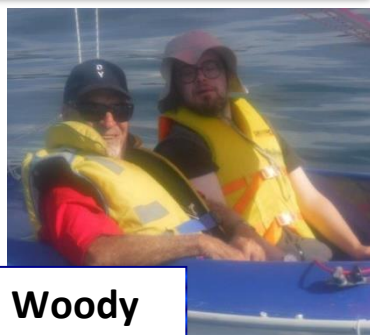
**Candy and Brian in Black Swan**

Our participants of the day: Ben with Betty and Peter, Jack arrived with Keira and had a short sail and then a long ride in Charlie's Chariot, Jan and Michael arrived with Seb and Jacob from Sargood, then David, Tamara, Sue and Peter came down with Josh. Vanessa arrived with Barb and was a symbol of patience as she waited for her turn on the water! Hanlin arrived with helper Ashief, and soon after we welcomed Michael, Sifa, Adam, Derek and Warren from Unisson. We haven't seen this group for over a year now; it was a treat to see them looking so well. Zoe arrived with Sally, taking just a short while to settle to her usual calm self.

The water was so flat that most participants enjoyed a sail today, with a ride on Charlie's Chariot serving as a special treat in the end. To top off the day, we had an exciting visit from our local State Member of Parliament, James and his helper, Kim. They both went for a ride on Charlie's Chariot, with James having a turn driving under the watchful eye of Warwick.



**Sandy and John in Dolly Wallis**



**Ted and Ben in Woody**



**Warwick and James – Driving lesson on Charlie's Chariot**



# Membership Information

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## Additional information for Members:



### Radio Training Dates in June

Sailability Manly has used a very generous grant from Northern Beaches Council to purchase VHF handheld radios for every Hansa 303 boat in our fleet. With the help of these small radios, skippers of each boat can be in contact with the MYC deck radio and also with the safety crew on Charlie's Chariot. In summary, skippers will be able to hear:

- Happenings / updates on other boats;
- Which boat is being sent back to the pontoon to pick up a new participant;
- Signals to return to the pontoon for any other reason, i.e. heavy weather approaching, Marine Rescue Helicopter drills, participants waiting on shore, etc.

We cannot stress strongly enough that these radios will be a benefit to the safety of our skippers, participants and to the group as a whole. From the boat, skippers will also be able to request help with the participant in your boat, request a tow from Charlie's Chariot or any other assistance that may be required while sailing out in Manly Cove. Having access to a radio in every boat will make our operation safer, more efficient and easier for our entire team.

To facilitate matters, John W is going to help us all to learn to use the radios, first of all on shore, and then in the boats while sailing. These training dates are: Saturday, 12th June for Saturday helpers, and Wednesday, 16th June for Monday and Wednesday helpers. If you are both, you may come twice, for a double dose, or choose the date you prefer. Bookings for Groups on these dates will not go ahead. Use of the radios on boats will be optional, but we do expect all volunteers to attend the training and learn to use the radios.

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Visitors to Sailability Manly are always welcome! Just \$5 to try and if you'd like to purchase an annual membership, which includes unlimited sailing, it's only \$25! Register one day ahead with Eli to ensure your spot. Sailing begins from 9:30 am. Volunteers are expected to arrive by 8:30 am. Sailing Day Instruction videos are available on [www.manlysailability.com.au](http://www.manlysailability.com.au) which cover most of what we do.

Be sure to call for a weather update before heading to MYC at (02) 9976 2747.

#### **Venue**

**Manly Yacht Club**  
East Esplanade  
(end of Wood St)  
Downstairs dockside via  
accessible ramp.

#### **Parking**

**Parking Permits are  
Available**  
Special arrangements will  
be made for mini-buses and  
wheelchair lift vans.

#### **What to Bring?**

**Sailors and Volunteers**  
must bring a hat that stays  
on, bottled water and apply  
good sunscreen. Life jackets  
are provided.