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Edition 208

Edited by Clare Archer

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Notes from the Editor

One of the great things about sailing is the sense of community among sailors, and the willingness to lend a hand when anyone on the water needs help. We are very lucky to have the support of many other organisations and businesses in the local community, and we in our turn try to support others doing good works too. This month we donated sailing days to Cure Blindness Australia to give away as raffle prizes, and Charlie's Chariot performed a few extra rescues for locals stranded without a dinghy! Our thanks go as always to the organisations who have helped us out this month, and we look forward to recognising all the generous support we receive at our Family & Sponsors Day in November..

October Photo Board

George and his carer on Charlie's Chariot



Ella and Jennie in Vin



Craig enjoying a ride in Charlie's Chariot



Jeremy with his dad, Ron, in Dolly Wallis



Andy with Rob in Eli D



Alyse with Michael B in Alex Martin

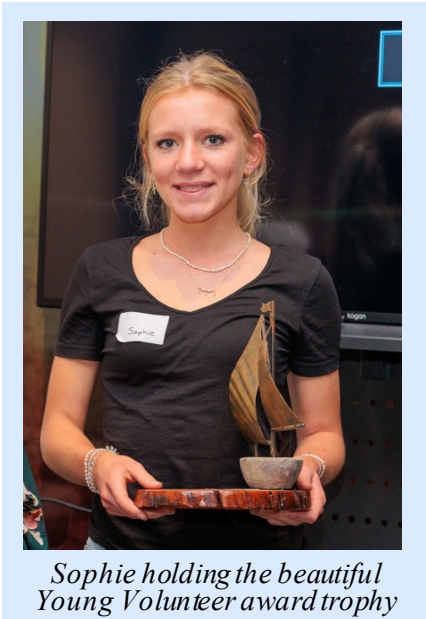
You can find full reports about each of our past sailing dates on our website, along with a selection of photographs, under LATEST NEWS.

October Highlights

Award Winner Series

In May we announced the winners of our Volunteer Awards, and each month *Signals* will be featuring a different winner and their story. This month, our Young Volunteer of the Year winner.

The 'Young Volunteer of the Year' Award: Sophie Lintvelt



Sophie holding the beautiful Young Volunteer award trophy

Sophie can't really remember a time when she wasn't sailing. She caught the bug after her dad signed her up for a sailing camp during the holidays when she was eight, and then she started lessons at Manly Yacht Club, later joining the Skiff Club. During those lessons, she kept seeing the Manly Sailability crew in action and our work caught her attention. When she started the Duke of Edinburgh Award, Sailability was her first thought for the volunteering component. Sophie loves seeing the smiles on the faces of our participants, and even when she'd completed the hours needed for her Bronze D of E award, she continued to volunteer for Sailability.

Sophie has a big year ahead of her at school as she heads into Year 11. With aspirations to study medicine, she's pursuing STEM subjects which she knows are going to require a lot of study. To that end, she's scaling back her recreational sailing and selling her Flying 11, but she plans to continue on at Sailability for now.

To see Sophie on the water it's clear she's a talented sailor, but that's not the most remarkable thing about this young woman, who at sixteen years old puts others' enjoyment before her own. We're incredibly lucky to have her, and have a feeling she's going to go far.

Top Maritime Tip

Knowing what to do in any emergency is a vital part of on-water safety. A top tip from Jim, whom we are very happy to have back after his extended travels overseas...

If the steering breaks on a smaller motor boat like Charlie's Chariot, you can steer by shifting the crew's weight from side to side.



Sophie and Jim practice 'steering' Charlie's Chariot in case of steering breakdown – notice the curve of the wake!

October Highlights

A Special Invitation: Lions Club Christmas Party

The Lions Clubs of Manly, Frenchs Forest, Balgowlah and Chatswood have extended an invitation to their joint Christmas party to all Manly Sailability volunteers, participants and carers.

It will be an evening of fun and friendship, and a 3-course meal, held at Wakehurst Golf Club, Upper Clontarf St, Seaforth, on Saturday 2nd December. Tickets are \$65 and can be purchased online (booking fee applies): events.humanitix.com/lions-christmas-party



Robbie R in action on the water

Helping Hands

Our friends at Manly Sailing School very kindly loaned us their motorboat, Robbie R, when the battery on Charlie's Chariot's went flat and the engine wouldn't start, saving us from having to cancel the day's sailing.

The folk at Battery World Brookvale generously extended a discount on a new battery to us as a charitable organisation, and David W had our rescue boat back up and running in no time.

In Case of Emergency: Know Where the Defibrillator Is Kept

In case of a medical emergency, there is an Automated External Defibrillator (AED) on the premises of Manly Yacht Club. All our volunteers and carers should note that it's stored opposite the stairs to the first floor, along with a well-stocked first aid kit.



The AED and its location

Upcoming Sailing Dates

Saturday	11 th November	<i>A few places left</i>
Wednesday	15 th November	<i>A few places left</i>
Saturday	25 th November	Family & Sponsors Day
Monday	27 th November	<i>Bookings available</i>
Wednesday	29 th November	<i>Bookings available</i>
Saturday	9 th December	Christmas Regatta
Wednesday	13 th December	<i>Bookings available</i>
Saturday	13 th January	<i>Bookings available</i>
Wednesday	17 th January	<i>Bookings available</i>
Friday	26 th January	Australia Day Regatta
Monday	29 th January	<i>Bookings available</i>
Wednesday	31 st January	<i>Bookings available</i>

Upcoming Special Events

Family & Sponsors' Day

Saturday 25th November

A chance to invite our families, friends and supporters to see the work we do at Manly Sailability first hand. Come along for a sail and sandwiches!

Christmas Regatta

Saturday 9th December

Our annual Christmas racing event! Please reach out to John Weaver (jweaver172@gmail.com) if you'd like to sign up as a skipper or crew.

Australia Day Regatta

Friday 26th January

It's racing season! Again, please reach out to John Weaver if you'd like to take part.

For **groups of up to 8**, you can book quickly and easily via our website!

Go to www.manlysailability.com and click on BOOKINGS.

Choose your sailing date from the list and complete the form with your details.

For **larger group bookings** (more than 8) please reach out to Jeremy. (jeremy@tebutts.net)

Check our website on the day of your booking to confirm if sailing will be going ahead under current weather conditions

Our **Saturday sailing dates** are often the least busy, so can be a great option for a relaxed morning of sailing.

Our Generous Sponsors



Our deepest thanks to the individuals who have made donations and/or donated their skills and expertise:

- Dr Shue Zhang
- Keith Woodward
- Nola Borgelt
- David Webb
- David Goldner
- Britta Huttel
- Betty Baines
- Lynette Gould
- Macca, Freelance Electrical (0418 239053)
- Jeff Smit, Premier Automation

Committee Members & Key Contacts

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Grants Manager Social Secretary	Nomusa Ngwenya
Minutes Secretary	Nola Borgelt
Webmaster	Scott Forbes webmaster@manlysailability.com
Race Officer	John Weaver
Committee Member	Eli Demeny (honorary)
Signals Editor	Clare Archer signals@manlysailability.com

Spotted at Manly Cove

We share our stunning home at Manly Cove with all sorts of other clubs, visitors and marine life. Spotted this month: this Australian Darter dries off on our dock.

