

In This Issue:

- ▶ September Photo Board
- ▶ September Highlights
- ▶ Upcoming Sailing Dates and Special Events
- ▶ Our Generous Sponsors
- ▶ Committee Members and Key Contacts

Notes from the Editor

This issue of Signals is long overdue for which I apologise. Having started a business a year ago, it has quickly become all-consuming, though it's my hope that putting in the hard yards now will afford me more free time for sailing in the (probably very distant) future.

This morning's sailing had to be cancelled due to a big southerly that's blowing through Manly, but that did at least free up a few hours to sit down and gather all the latest news and events that have been happening at Manly Sailability.

I can't wait to get back out on the water and I hope to see you all there. Happy sailing!

September Photo Board



You can find full reports about each of our past sailing dates on our website, along with a selection of photographs, under LATEST NEWS.

September Highlights

A Paralympian in the Family

We were excited to learn that Paralympic swimmer, Holly Warn, is the granddaughter of one of our volunteers, Michael Morgan.

15 year-old Holly was Australia's youngest athlete at the Paris Paralympics and her journey there has been marked by determination and resilience. Born with cerebral palsy, doctors warned she might never walk or talk, but Holly defied the odds and began swimming at just a few months old.



Holly during the build-up to Paris

She first gained attention as the youngest swimmer to trial for the Paralympics at age 12. Although she didn't make the Tokyo 2020 Games, she continued to train and compete at national levels. In 2023, she was selected for the Para Flippers Development Squad and competed in the Para Swimming European Open Championships.

At the 2024 Paris Paralympics, Holly competed in three events, and placed 7th in the 400m freestyle. With her eyes set on future Paralympic Games in Los Angeles 2028 and Brisbane 2032, Holly Warn is undoubtedly a name to watch, and we know that Michael is a very proud Grandpa indeed.



Hansa World Championships Coming to Sydney

The 2025 Hansa Class World Championships will be held in Sydney at Royal Prince Alfred Yacht Club, from March 23rd-30th 2025. The Hansa class is the type of boat we use at Sailability, with race classes for the Hansa 2.3, 303 singles and doubles, Liberty and SKUD 18.

The Championships will be a fantastic opportunity to showcase Australian talent, meet other sailors from around the world and experience the thrill of competition.

If you are interested in competing, please contact our Race Officer, John Weaver (jweaver172@gmail.com) ASAP.

September Highlights

AED Training

Over two dates this month, volunteers were trained in how to use the nearby AED in the event of a cardiac emergency. While the device is designed to talk any non-medically trained user through the process, being familiar with what to do could save precious time in an emergency.

Our resident Training Officer, John Weaver, talked us through how to perform chest compressions and how (a second person) should set up the AED, using a special training version of the device, kindly loaned to us by Marine Rescue. While we hope we never have to use it, it's better to be prepared.



John demonstrating the AED with a special training device



A New Face on the Committee

In August, Manly Sailability held its annual 'Election of Officer's meeting, in which all current officers were willing to continue their roles, and all were returned after voting. We were also very pleased to (re)elect Rob Southam to the committee, which he has served on in the past, and are all looking forward to having his fresh ideas.

Welcome back, Rob, and a huge thank you to all the office holders, whose work behind the scenes is so critical to keeping Manly Sailability running.



Rob in action on the water with Paul

Parking Permits Renewed

We have a fresh batch of council issued parking permits to loan to volunteers and carers, valid on sailing days. If any volunteers are holding one of the old permits, please see Wilma during registration for a new one. Thanks to Ros for working with Council to get those sorted out!

Upcoming Sailing Dates

For **groups of up to 8**, you can book quickly and easily via our website!

Go to www.manlysailability.com.au and click on **BOOKINGS**. Choose your sailing date from the list and complete the form with your details.

For **larger group bookings** (more than 8) please reach out to Jeremy. (jeremy@tebbutts.net)

Check our website on the day of your booking to confirm if sailing will be going ahead under current weather conditions

Our **Saturday sailing dates** are often the least busy, so can be a great option for a relaxed morning of sailing.

All of our sailing sessions start at 9am and have a 'last sail' time of 11.30am.

Wednesday	23 rd October	Fully booked
Saturday	26 th October	<i>Bookings available</i>
Monday	28 th October	Fully booked
Wednesday	6 th November	<i>Bookings available</i>
Saturday	9 th November	<i>Bookings available</i>
Wednesday	20 th November	<i>Bookings available</i>
Saturday	23 rd November	Friends, Family & Sponsors Day
Monday	25 th November	<i>Bookings available</i>
Wednesday	4 th December	<i>Bookings available</i>
Saturday	14 th December	<i>Bookings available</i>
Wednesday	18 th December	<i>Bookings available</i>
Saturday	21 st December	Christmas Regatta

Upcoming Special Events

Friends, Family & Sponsors Day

Saturday 23rd November

A chance to invite our families, friends and supporters to see the work we do at Manly Sailability first hand. Come along for a sail and some fun!

Christmas Regatta

Saturday 21st December

Our annual Christmas racing event! Please reach out to John Weaver (jweaver172@gmail.com) if you'd like to sign up as a skipper or crew.

Our Generous Sponsors



Manly Rowing and Sailing Club  Founded 1875



Community Bank
Freshwater



Lions Club of Manly



Committee Members & Key Contacts

President Volunteer Coordinator Roster Manager	Warwick McKenzie president@manlysailability.com.au warwickmckenzie@yahoo.com
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Treasurer	Sue Marshall
Systems Coordinator	Ken Boyes
Safety/Maintenance	David Webb, Brian Stitt, Denis Linney
MYC Representative	Peter Ward
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Webmaster	Scott Forbes webmaster@manlysailability.com.au
Race Officer	John Weaver
Committee Member	Eli Demeny (honorary)
Signals Editor	Clare Archer signals@manlysailability.com.au

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