

## **MANLY Sailability – Return to Sailing - COVID-Safe Environment Plan**

*This document is a branch specific operating plan, developed from and consistent with revised NSW Public Health Orders, as at 10<sup>th</sup> January 2020 together with advice from Sailability NSW Return to Sailing - COVID-Safe Environment Plan, and guidance from Australian Sailing, and Manly Yacht Club*

*Whilst these Orders now permit anyone to participate in sport, exercise and outdoor gatherings, the nature of services provided to participants is such that Manly Sailability regards its' Volunteers and the Carers/Parents of participants as Healthcare Workers. Therefore we undertake all activities in accordance with this COVID-Safe Environment Plan, that applies to all members, volunteers, parents, carers and participants who are more than 12 years old.*

It is recognised that, at this date, there is significant fluidity in the responses for detection and treatment of Covid-19 that are available to all sectors of the community, It is likely that this Plan will require regular revision and update as circumstances change. Of particular significance to our ability to function effectively will be the impact of vaccination of 5-11 year old children, and effectiveness of booster vaccinations on adults.

- 1. In order to comply with current Covid-19 Public Health Orders as published on the Monday 7<sup>th</sup> January 2022 and to effectively manage risks to participants, the following strict conditions apply until further notice:-**
  - a) Only fully vaccinated individuals can attend, unless they can provide an authorised form of exemption. As vaccination of children 5 - 11 years of age only became available on 10<sup>th</sup> January 2022, it is impractical to mandate any vaccination profile for these children. Therefore we require that parents or carers accept full and sole responsibility for such children's' health and safety.**
  - b) In all cases, you are not permitted in the vicinity of Manly Yacht Club, **or to sailing**, if you or anyone in your immediate family or work colleagues has COVID-19;
  - c) if you or anyone in your immediate family and work colleagues has been in contact with a known COVID-19 patient;
  - d) if you or anyone in your immediate family and work colleagues is in isolation;
  - e) if you have a cold or cold-like symptom;
  - f) if you have recently been in a declared Covid-19 hotspot
- 2. Sign –in is via use of the Service NSW QR code, and attendance sheet. By signing the attendance sheet, including mobile and email contact details, members acknowledge and certify that they comply with the conditions listed above.**
- 3. All attendees MUST be briefed on, and commit to, the following essential requirements prior to commencing each sailing day's activities:**
  - a) Wash/sanitize hands before, during and after activities;
  - b) Sneeze, cough into elbow or tissue (disposed of appropriately);
  - c) Maintain 1.5 metres social distancing as far as practicable;
  - d) No hand shaking or physical contact;
  - e) If you start to feel unwell inform Sailing Coordinator immediately;**
  - f) Read displayed posters outlining relevant personal hygiene guidance.

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4. Whilst BBQs may operate, social distancing must be applied. Masks **MUST** be worn by bBBQ staff. Appropriate marks (e.g. tape) may be placed on the ground to indicate spacing. Bathrooms may be accessed still applying the 4sq.m rule. Traffic flow management, such as separate entries and exits may used.
5. **Members should arrive, dressed ready to sail, the use of change rooms and toilets is allowed, showering is not allowed.**
6. Safe unloading of Hansa boats from storage racks requires a minimum 3 people and may require up to FIVE people – two on each side and one manipulating the trolley.
7. In order to maintain safe social separation of people, only one boat at a time is to be unloaded and transported to the rigging deck. No more than two people should be in the boat store at other times when retrieving or replacing sails, lifejackets, furniture and other essential equipment. Apart from unloading or returning of boats, if more than two people are inside the boat room at any time, please wait your turn outside and away from other people
8. The rigging deck at MYC is sufficiently large to permit fourboats to be rigged or de-rigged and hosed down at any one time. A space of 2.5 metres between boats will assist in maintaining required personal separation. At all times, social distancing of 1.5 metres between people **MUST** apply.
9. Only three boats may be launched or retrieved at any one time. Although the launch pontoon is sufficiently large to accommodate safe separation of **up to eight persons**, the movement and transport of boats to and from the pontoon, and the operation of derricks involved in placement and removal of keels, together with mooring operations requires that operations on the pontoon are tightly controlled.
10. Only 3 Hansa boats and the support boat may use separate sides of the pontoon at any one time.
11. All Hansa 303 or 2.3s can be sailed single or double handed. 2-up sailors may choose to wear masks. 2-up sailing is allowed as this is within the limit on the boats builder's plate. Support Boat may have maximum 5 persons (total) on board.
12. Members should use sanitizer and ensure that hands are sanitized before and after touching any surfaces at the club, including front door, roller door, deck doors, dollies, hoses, toilets and hand basins. Sanitising stations are located at sign-on/off desk, in the rigging area and in the boat shed.
13. All boats sailing must be continuously monitored by the support boat which must be in contact with the base radio on the rigging deck. The support boat and base must both have a handheld VHF radio on hand to ensure constant contact is maintained. All boats 303 and 2.3 are to have handheld VHF radios.

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### 14. If an attendee displays symptoms:-

- a) **STOP ACTIVITIES;**
  - b) **Mask** the sick person and move away from others;
  - c) Clean and sanitize all equipment;
  - d) Recommend they get tested and request notification of results;
  - e) Make a copy of attendance sheet available for contact tracking;
  - f) Notify attendees that someone has displayed symptoms;
  - g) **Notify Manly Sailing Club** and other facilities nearby, that activities have been cancelled;
  - h) Notify all attendees when results are received – whether negative or positive.
15. A participant showing signs of stress or expressing concerns should be directed to, the very useful mental health and well-being resources on the NSW Health Commission website;  
<https://nswmentalhealthcommission.com.au/mental-health-and-the-coronavirus>
16. To ALL Members. Please ensure that you observe these rules if you intend to participate in the activities permitted under current Public Health Orders. If people are found not to have observed these rules, we will have no option but to again close all activity. Also please note that members accessing the club do so at their own risk and that the club takes no responsibility if law enforcement officers take a different view as to interpretation of the Public Health Orders.
17. The staging area of decking alongside MYC is ample to accommodate 50 persons with full social distancing. The area will be remeasured promptly to ascertain working capacity when Health Orders are further relaxed. Maintaining the physical and mental well-being of the public is now as important as ever.

WHEREVER POSSIBLE, IT IS IMPORTANT THAT SPORTING CLUBS AND ORGANISATIONS CONTINUE TO ALLOW PEOPLE TO EXERCISE, SO LONG AS SOCIAL DISTANCING IS PRACTISED AND RULES AROUND PUBLIC GATHERINGS ARE COMPLIED WITH.

18. ***“GET IN - SAIL - GET OUT.”***

19. **STAY SAFE AND WELL!**

**APPROVED BY: Manly Sailability Executive Committee 10<sup>th</sup> January 2022**