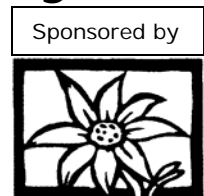


Signals from Sailability Manly



September 2009 Edition 47
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Warringah Council

Coming events – Don't miss this

Sunday Nov 1st – Try Sailing Day – 11.00am – 3.00pm
*Today is the day to bring family and friends for a first sail.
 If you know any people with mobility challenges and think they
 might like to try, ask them to call Eli on 9976 2747*

Sailing Schedule

W'end	Sept 09 – Feb 10	Wed	Sept 09 – Jun 10
03/10	Hornsby Lifestyles, General	14/10	MAPs Turra, School Hols
17/10	BIRDS, General	11/11	RFW, MAPs F'ville, Brookvale Sp
31/10	Hornsby Lifestyles, General	09/12	RFW, Truscott St, MAPs Turra
01/11	Try Sailing Sunday	2010	
14/11	BIRDS, General	13/01	School holiday, MAPS Forestville
28/11	Hornsby Lifestyles, General	10/02	RFW, Fisher Rd, MAPS Turrumurra
08/12	Camp Sababa	10/03	RFW, Truscott St, MAPS Forestville
12/12	Picnic and Race Day.	14/04	School holiday, MAPS Turrumurra
19/12	Family Fun Day.	12/05	RFW, Brookvale, MAPS Forestville
2010		09/06	RFW, Fisher Rd, MAPS Turrumurra
09/01	Hornsby Lifestyles, General	26/01/10	Australia Day Regatta
23/01	BIRDS, General		
06/02	Hornsby Lifestyle, General		
20/02	BIRDS, General		

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

Visitors are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$30.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

Parking: We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans.

Extras to bring: All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Eli on 9976 2747**

or eli@manlysailability.com.au

If you're not rostered on, come anyway, we'd love to see you.

If in doubt due to the weather, call **9976 2747** for a recorded message

Please diarise Sailing Days NOW

Without our dedicated crew of volunteers, there would be NO SAILING AT ALL. So your committee is determined to make volunteering with Manly Sailability the best experience for clients and volunteers alike. We are improving the rostering system so that people will get to do the roles they enjoy, and learn new skills.

The roster is designed to ensure the key roles are covered so that Sailing Days run smoothly. If you're NOT on the roster, and would like to come, we'd love to see you. Please check the latest roster when Eli sends it to you, and let her know if you can't make it on your allocated days.

eli@manlysailability.com.au 9976 2747. **Thank you**

Sailing Day report – Wed 12th August

Our wonderful Wednesday team is used to the fact that the kids from Royal Far West School arrive at 9.30 and attempt to get as much sailing in as possible before they have to return to school at 11.00 a.m. That is why we need to have 6 boats and the Safety Boat launched bright and early, and all of our keen helpers raring to go.

William, Jack, Nikita and Nathan from all points of the NSW compass, and their teachers, Anna and Linda had a long sail, and a ride in the Safety Boat before our next group arrived.



Ivan meets a happy young sailor

These were 8 little kids from Brookvale Public School Special class and their teachers Danielle and Catherine. Jamie, Paige, Emma etc, are going to write their own story of their wonderful adventures for us to print in Signals. Suffice to say, all were very excited, and had a wonderful time alternating between sailing, and watching their friends sailing from Charlie's Chariot.

While this was all happening MAPS Turrumurra arrived, so we were able to renew friendships with Brad, Jennifer, Ben and Alexander and their helpers Mary and Niela. At the same time, Matt arrived from Mt Kuringgai with his mate Cindy and off they went for a nice long sail. I particularly want to congratulate Brad, who can usually only manage about 15 minutes sailing, today was still demanding more after 30 minutes, so Samantha was forced to take him around once more.

Thanks so much to everyone involved today, not only the carers, but also our own volunteers; Peter and Vlad on Charlie's Chariot with their assorted helpers and clients, sailors Ivan, Wayne, Jill Musgrove, Graham, Samantha, Norman, Jill on the pontoon, Corey on the deck being registrar and radio operator, Cheryl helping with clients, Helen and Francis. Special thanks also to another Peter, who will be coming along to help on a regular basis. Today was settling in and observing day for Peter, and we are sure he will be back in a more active role next time.

Eli

Open Day and Orientation – Sat 5th Sept

Manly Yacht Club was a hive of activity on Saturday morning with forty eager people attending our Open Day and Orientation. Some, like Barry below, had been press-ganged by Jill while out for a gentle stroll!



After sharing a cuppa and chat, everyone settled down to hear the story of Sailability, and how being involved with the club makes a huge difference to the lives of clients with disabilities, their carers and volunteers.

President Evelyn Shervington (steering with Commodore Peter Hamilton below) thanked everyone for coming, and introduced the people behind the scenes who make things tick, and the importance of their roles.

The group then moved down to deck level, where they helped rig the Access 303 dinghy fleet, and saw how the hoists were used to move people with mobility issues in and out of our small but stable craft.

By the end of the morning, everyone had been out on the water, either sailing with an experienced skipper, or on the safety boat, and were ready for a sausage and coffee.

Many of the new recruits have had some boating and sailing experience, others a willingness to learn, and a huge desire to be part of a very worthy cause.



Jude and Eli

Sailing Day report for Wednesday, 9th Sept

The weather forecast this morning sent 15 eager helpers down to Manly Yacht Club to prepare for a great morning's sailing. Unfortunately, the wind did not do exactly as expected, which was to ease from a gusty 15 to 10 knots early.

We rigged 4 boats, then waited for the breeze to wane to the more gentle 10 knots that we like, while our school groups arrived and waited with us. By about 10.00 it had settled down and our first group was readied for a sail.

The students enjoyed the gusting breeze, and our competent sailors were happy to show their skills. We divided the groups up, so that we had a team of observers on Charlie's Chariot watching their friends sail, and the groups in the dinghies. In this way, we managed to give a short sail as well as a turn on the Safety Boat to the students from Royal Far West School, then lots of lovely sailing for the students of Fisher Rd School. Finally, the participants in the MAPS program at Forestville had an enjoyable sail.

Helpers today were Corey, the registrar, Helen doing life-jackets and searching for gear, Jim and Francis on the Safety Boat, sailors John, Samantha, Ivan, Wayne and Jim, crew on the pontoon Norman, Peter and 3 students from UTS who are doing an event management course; Aimee, Belinda, and Emma.



Royal Far West students pictured right: Tabitha, Mitchell, Hope, Shylah, Britney, Rebekah, Sonny, Nelson, Phillip, Tomeyah, Owen, Matt. Fisher Rd. students: Craig, Jack, Rhett, Chloe, Emily, Zoe. MAPs participants: Brett, Amanda, Matt, Yvette, Anna, Judy, Danny.

A huge Thank You to the helpers of our clients today. We appreciate your patience and understanding in realising why we have to wait for safe sailing conditions, but well worth it once your people were out on the water having the best time. **Eli**

[Training Day for Volunteers 12th September](#)



Judith supervising rigging practice

We couldn't have asked for more perfect conditions as 31 eager people turned up today for lessons in rigging, hoisting, disability awareness, sailing skills, safety boat driving and observing, and use of the radio.

The wind was kind, being light enough to rig up on the deck, transport the boats down to the pontoon and launch, but strong enough once on the water for a lively zip around Manly Cove.

We were also able to get people together for a chat about how often they want to be on the roster, and what jobs they would like to do or be trained to do once the season gets under way.

Thank you so much to the committee who planned the perfect training day: Judy, Jill Madden, Eli, and also to the people who helped with the training: Vin, Jim, Mark, Jill Musgrove, Greg Hyde, Ralph, Peter Hamilton, Judy Geppert, David, and Wayne.

Thanks also to the people with a disability who turned up as "training aids" for hoisting practice; Jessika, Wayne, and Alan, and Jonathon and Mark who went for a sail. Thanks also to our sausage sizzlers and coffee suppliers; Helen and Sue who did a supreme job today.

Without the people we are training, what use would this type of get-together be? We appreciate the presence of Sue, David N, Barry and Tom, Kevin, Russell and Judy, Ray, Henry and Albert. All of us at Sailability trust we will be seeing you often. *Eli.*

Sailing Day Report for Sat 19th Sept

Where else would you be on such a sublime day other than sailing on Manly Cove? At least 57 other people felt the same way this morning, and sailing conditions were perfect.

We put out our full fleet of 9 boats, with Judith arriving to give Alan Wood a full work-out, and two sailors for Clea, our little single seater 2.3. All seven 303's went out to give everyone the longest sail possible.

Jude was Sailing Day Co-ordinator, with Jim Gale managing the pontoon, new volunteer Michelle registering people as they arrived and Jill Madden and Mark Ayres took new volunteers Russell, Barry and Ray out on the safety boat to

explain and practice the duties of observers. Competent sailors and riggers Ralph, Russell, David G and David W, Ivan, Wayne,

Tarsha, Evelyn and Vin were kept very busy, as there was a constant stream of eager learners.

Kevin was our rookie hoist mechanic, under Vlad's experienced eye. Barry, Sue, Dawn, Ray are well on the way up the learning curve, ready to take on independent roles in the next few weeks.

Helen supervised the barbeque and drinks while monitoring the radio, so that there were always refreshments available for those helpers and sailors ready for a break.

We were honoured this morning to have a visit from Clea Wallace, seen above with Alan Bimson about to go on his first solo sail in the dinghy Clea that was named after her.

Clea Wallace has been involved with Sailability since 1995, and it was lovely to meet her and the rest of the family, Talia and Phil, and to take them all for a sail. Sitting there with Clea, chatting about the old days was a real pleasure.



Clea Wallace with Alan Bimson in "Clea"

It was also lovely to see many of our members today that we have not seen for quite a while: Matthew with his Dad Roland, Denis, Tony and Bruno, Matthew with his Mum and Dad, Jessika, Ashley, Anna, Kerry, Tanya, Vanessa, Marty, Simon, Stuart, David, Carlo, Roger, Brad, and new sailor Phillip with his Dad Peter, who we hope is going to learn to sail with us. Best moment of the day? Alan coming back from his first solo sail ever...can anything match that smile? And the comment? That was fantastic, when can I go out there again? **Eli**

Membership Renewals

For those who haven't renewed their subs, we've attached a form for you to print out, complete and post to the Membership Secretary with a cheque, or arrange a direct transfer to our account. (details bottom right corner of the form)

The subs for 12 months unlimited sailing is \$30 per person, and \$45 per family.

If you are coming to the next Sailing Day, it's OK to bring your form and cash, but ensure you give it to the registrar on the day. **Thank You**

2009/10 Committee

President / Chairman	Evelyn Shervington	9976 2134
Commodore / MYC	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Volunteer co-ordinator	Eli Demeny	9976 2747
NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR / Signals	Jude Cole	9977 1867
Memberships	Jill Musgrove	9905 6706
Social Secretary	Jill Madden	9948 4800
Web / database	Mark Ayres	0411121303
Members	Helen Hendry & Alan Bimson	

Next meeting

Wed 7TH Oct
6.30pm

MYC – all welcome

Our Current Sponsors

Patron David Barr	Special thanks for help with our Accessible Bathroom:
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
• NETREGISTRY	• HEALTH SCIENCE PLANNING CONSULTANTS
• SHELTA UMBRELLAS	• SAFETY RAILS AUSTRALIA
• GME-ELECTROPHONE	• ALTRO APAC SAFETY FLOORING
• MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
• MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
• SIGNS NOW, Brookvale	• CERAMIC TILE MARKET, Brookvale
• HOOD SAILMAKERS Brookvale (sticky back) ING logo at cost	
• TREHARNES MANLY BOATSHED, Fairlight	
• WARRINGAH (\$750 grant this year) & MANLY Councils (Accessible Walkway)	
SUNRISE MANLY ROTARY CLUB (\$1500 for Royal Far West Children's Hospital, and sails)	
FRITS VAN GROLL – SAILOR MARINE	
ING Foundation (The Orange Access 303 \$7,500)	