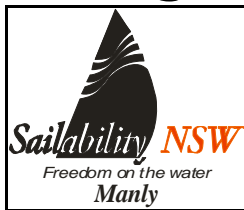


# Signals from Sailability Manly



May 2009 Edition 43  
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## Coming events – Don't miss these

Sat 30<sup>th</sup> May 6.30 for 7.00pm - MYC Presentation Night  
*Who will be Sailability Sailor of the Year,  
 volunteer, most improved?*

Maybe you! - come and find out - \$10 includes light supper and a drink

Sat 12<sup>th</sup> September 9.00 am-12.00 Volunteers Training

*All volunteers are encouraged to brush up their skills, and learn  
 new ones, on and off the water – please come*

## Sailing Schedule

W'end	June 09 – Dec 09	Wed	June 09 – Dec 09
13/06	BIRDS, General	10/06	RFW Fisher Rd, Maps Turra
04/07	Hornsby Lifestyles, General	15/07	Beach Buddies, MAPS F'ville, General
01/08	BIRDS, General	12/08	MAPS Turra, RFW, Brookvale Sp
29/08	Hornsby Lifestyles, General	09/09	RFW, MAPs F'ville, Fisher Rd
05/09	Orientation new volunteers	14/10	MAPs Turra, School Hols
12/09	All Volunteers Training	11/11	RFW, MAPs F'ville, Brookvale Sp
Then	Every 2 weeks to 5 <sup>th</sup> Dec	09/12	RFW, Truscott St, MAPs Turra
<b>volunteers</b>	<b>check the new roster</b>		

**Venue:** Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

**Visitors** are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$25.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans.

**Extras to bring:** All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Evelyn : 9976 2134**  
 or [evelyn@manlysailability.com.au](mailto:evelyn@manlysailability.com.au)

If you're not rostered on, come anyway, we'd love to see you.

If in doubt due to the weather, call **9976 2747** for a recorded message

## Sailing Day report – Saturday 2<sup>nd</sup> May

This morning the weather was perfect for a sail on Manly Cove. Our lucky clients today were Alan, Scott, Judy, Anna, Kerrie, Ashley, Jonathon, Paul, Bruno and Anthony, Ben, Robert, Susan and Alexander.

Owing to the small number of booked in sailors, and plenty of willing helpers, we were able to give everyone a long sail, and Alan even had two turns. Jonathon and Susan also had a brisk ride on the Safety Boat.

While all of this was going on, Weibe and Peter were busy erecting the picnic table and benches that we had purchased earlier with grant money from the NSW government. We now have a sturdy and spacious table to sit at while waiting for a sail.

Many, many thanks to: Shelley, Peter, Jan, Helen, Craig, David G and David W, Judy, Tarsha, Johno, Phil, Wayne, Vlad, Ivan, Crosbie, Helene. We are very grateful to you all for turning up and making the day fantastic.

***Eli***



## Freedom from MS Regatta Relay – Sunday 10<sup>th</sup> May

Sailability's Access 303 fleet provided fun and hot competition in a relay which raised over \$600 for MS Research.

Teams of 6, in pairs, started from the pontoon, rounded 2 marks, and raced back to the pontoon for a change of crew, the last pair running through the finish line on the deck.



Five teams of 6 took up the gauntlet thrown down by MYC's dynamic Commodore, Maz Theaker, Eli, and Elisabeth (from the MS Society, a founding member of Sailability Manly)

Team ING anchored by Mike and Aidan Mollins, new to Access sailing, took an early lead, closely followed by Sunrise, with MYC President Brian Wilson, who sprinting across the line first! Ivana, Jim, Dee, Bob, Maz, Richard, and all the others too numerous to mention, well done, and many thanks for your support.

***Jude***

## Sailing report, Wednesday, 13<sup>th</sup> May, 2009.

In spite of a forecast of light winds, it did start with some strong south westerlies, demanding a reef in the sails, slowly easing as the day progressed. Our five students from Royal Far West had a fabulous time, starting out sailing, and then a turn on the Safety Boat, always a favourite with these children. Thanks Dylan, Jamie, Robert, Michael, Bradley for starting our day well.

The team from MAPS French's Forest had an extremely clever way of trickling through their clients, starting with Gavin, Yvette and Hannah in the first bus. While they were on the water, the second bus arrived with Matty, Amanda, Judy, Anna, and while they were out there in the wild blue yonder, the first bus went home and returned with Danny. This was a well planned strategy which ensured nobody waited too long for a sail.

Welcome to our A/C clients. A lovely way to start the sailing experience with Maria, Kerry, Susie and Pamela, and hopefully many more to come later in the year.

Helpers today did a magnificent job. They were Peter, then Francis on the Safety Boat, John, then Judy as Pontoon Manager, Corey, then Helen as observer on the Safety Boat. Sailors; Ivan, Wayne, John, David, helpers in all fields Norman, Jim and Phil, Sheila on the radio.

I want to give a huge bouquet to our carers today!!!! Everyone joined in helping us, and helping each other, making it a very social and community morning. Liz and Linda from RFW; Nikki, Jennifer, Katie, Amanda, Byron and Joel from French's Forest; Amanda from A/C Foundation all worked together to make today special for their clients. **Eli**

## Commodore's Picnic and Race – Sat May 16<sup>th</sup>

The Commodore's Race and Picnic is a celebration of the end of the Summer Season, with fun on and off the water for volunteers and disabled skippers. This year was to be no exception with commodore Peter Hamilton arriving with race instructions and a full list of starters.

However, the weather didn't co-operate. It was evident after launching 3 boats that the wind was building from the west, and no sailing would be possible. Not daunted, Jan Jensen conducted an informative training session on racing trim and strategy, followed by yours truly, who ran through start procedures, and an explanation of the flags used for communication between the Race Officer in the start boat, and the racing fleet.

The great bunch of members then enjoyed sausages, perfectly cooked by Shelley and Jill, and hot coffee. All agreed the time had been well spent, and brought a wonderful summer to an enjoyable close. **Jude**



## Port Stephens 18<sup>th</sup> & 19<sup>th</sup> April

This year we sent 3 teams of sailors to Grahamstown Dam to compete in the Port Stephens Cup. The competitors were Ivan sailing with Patrick, Steve with Peter Singer, Eli with Alan. We met sailors from 8 other NSW Sailability groups for social sailing and competition over the weekend. Most groups were camping by the side of the dam, while the Manly team settled into a motel at Raymond Terrace.

Saturday morning started most promisingly. The breeze was just right and the course was set while sailors registered for racing. The singles were first, both 2.3's and 303's. 2 Races were completed before lunch and then the doubles had 3 races. The course was extremely well set with the full sailable expanse of the dam being used. Almost as soon as the races were completed, race results appeared on the notice board owing to the excellent communication between the start/finish boat, the rescue boats and the race officer encased with his computer. As the racing progressed, the breeze had gained momentum so that the last 303 doubles race late in the afternoon became quite difficult without furling. We were quite exhausted by the end of it, and very wet. We got into dry clothes and were treated to a wonderful dinner and entertainment provided by Port Stephens Sailability.

At this stage the results were looking promising. Steve and Peter had a 6<sup>th</sup>, 5<sup>th</sup>, and 10<sup>th</sup> position, with a 5<sup>th</sup> overall. Ivan and Patrick had a 13<sup>th</sup>, 14<sup>th</sup> and 13<sup>th</sup>, while Alan and Eli were still battling to learn the course and try not to come in last. We retired back to our motel, had a good rest and were ready to do battle on Sunday. Unfortunately, during the night the weather had worsened. We woke to drizzle, which quickly grew to driving rain with very strong winds that grew to a gale. Steve and Peter went out there hoping for a race, but the rest of the Manly Contingent stayed dry on land. Eventually racing was cancelled when it became impossible to set the course because of the driving rain and wind.

We had some wonderful helpers this weekend. First of all the team that packed the boats: Wiebe, Eno and Judy. Supporters who came up to Port Stephens: Julie, Sharon, Shelley, Rosalie to help with rigging, de-rigging, cheering, packing boats to come home. David, who came up to tow the boats home in the rain. Last of all the unpackers: David, Weibe, and Corey. A fantastic team as usual, congratulations Sailability Manly for the fabulous team-work. **Eli**

## Congratulations to Australian Representative - Wendy Jensen

Partners of volunteers are often co-opted into helping behind the scenes, and none more so than Wendy Jensen, wife of training, maintenance and safety officer Jan. She regularly helps loading dinghies on and off the trailer, and quietly giving a helping hand. We forget these unsung heros have lives and ambitions of their own!!!

It was with great pride on Saturday, Jan announced that Wendy had been chosen to represent Australia in the up-coming Dragon Boat "World Championships" in Prague. We are humbled and proud of you Wendy, you're a great role model, we wish you all the very best.

**Manly Sailability**



## Clothing Shop – Available on Sailing Days

**HATS:** with a Sailability Manly logo by Paula on the front **\$12.00**  
**SHIRTS:** Short or long sleeves Red or Navy - **NEW STOCK AVAILABLE** **\$25.00**

## Some points from the last Committee Meeting

- President John (Johno) O'Connor has moved to Mackerel Beach, and his involvement will be limited in future. We will circulate the role and responsibility until the August AGM
- Eli has new computer equipment purchased with a grant from NSW Gov.
- New member / volunteer Crosbie Lorimer has donated \$500 from the sale of surplus sailing equipment. He is considering becoming our fund raising representative.
- The Volunteers Training Day will be on Sat 12<sup>th</sup> Sept. All volunteers should be encouraged to attend including the Wed only team
- A letter of thanks will go to Jill Madden, Jackie and Mark, for their contribution to an outstanding Volunteers thank you social. It should be held again next year.
- Alan Bimson would like to help produce Signals. Jude to liase with him.

## 2008/9 Committee

President / Chairman	John O'Connor	0409457486
Commodore / MYC Rep	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Secretary / NSW Rep	Eli Demeny	9976 2747
Membership / NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR /Interclub / Funds	Jude Cole	9977 1867
Volunteers / Roster	Evelyn Shervington	9976 2134
Social Secretary	Jill Madden	9948 4800
Web / database	Mark Ayres, Bob Ronai	
Members	Helen & Frances Hendry Maria Jarman,	

*Next meeting*

*Wed 3<sup>rd</sup> June 6.30pm*

*MYC – all welcome*

## Our Current Sponsors

Patron David Barr	<b>Special thanks for help with our Accessible Bathroom:</b>
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
• NETREGISTRY	• HEALTH SCIENCE PLANNING CONSULTANTS
• SHELTA UMBRELLAS	• SAFETY RAILS AUSTRALIA
• GME-ELECTROPHONE	• ALTRO APAC SAFETY FLOORING
• MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
• MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
• SIGNS NOW, Brookvale	• CERAMIC TILE MARKET, Brookvale
• HOOD SAILMAKERS Brookvale	
• TREHARNES MANLY BOATSHED, Fairlight	<input type="checkbox"/>
• WARRINGAH ( <b>\$750 grant this year</b> ) & MANLY Councils	
SUNRISE MANLY ROTARY CLUB (\$1000 for Royal Far West Children's Hospital, and sails)	
HUGO'S RESTAURANT, THE WHARF, MANLY (\$400 raffle prize donation)	
ING Foundation ( <b>The Orange Access 303 \$7,500</b> )	