

Signals from Sailability Manly



March 2009 Edition 41
www.manlysailability.com.au
 Edited by Jude Cole. Please send articles to
judy@manlysailability.com.au
www.picasaweb.google.com/sailabilitymanly

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Warringah Council

Coming events

- **Sunday 22nd March – Musto / Sturrocks Women’s Challenge -**
Interested lady skippers and crew, please contact Peter Hamilton 9975 1434
- **Friday 27th March – Zilzie Twilight Ball – MYC 7.30pm**
*A glamorous evening of supper and dancing, \$20 pre-paid or \$25 on the night.
 Please contact Jackie Morgan for pre-paid tickets 0431 174 017*
- **Wed April 1st – Volunteers “Thank you” - MYC 7.30pm**
Buffet dinner, bar at club prices, guests \$25, RSVP Jill Madden: 9948 4800
- **April 18th / 19th - Port Stephens Cup –** Sailability Regatta
If interested in competing please contact Eli: 9976 2747

Sailing Schedule

W'end	Mar 09 – Aug 09	Wed	Mar 09 – Aug 09
21/03	BIRDS, General	08/04	MAPS St Ives
22/03 Sun	MYC Women's Challenge	13/05	RFW, Truscott St, MAPS Forestville.
04/04	Hornsby Lifestyles, General	10/06	Fisher Rd, Maps St Ives
18/04	BIRDS, General	15/07	Beach Buddies, MAPS, General
02/05	Hornsby Lifestyles, General	12/08	MAPS, RFW
16/05	Picnic & Race Day		
13/06	BIRDS, General		
14/07	Hornsby Lifestyles, General		
01/08	BIRDS, General		
29/08	Hornsby Lifestyles, General		

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.
Visitors are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$25.
 Please call Eli: **9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**
Parking: We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans.
Extras to bring: All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.
Volunteers: Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**
 If your name appears on the roster, and you are not available, please contact Evelyn : **9976 2134**
 or evelyn@manlysailability.com.au

If in doubt due to the weather, call **9976 2747** for a recorded message

State Championships, Lake Wallace Weekend 22nd/23rd February

Two hours drive west of Manly there's a small lake nestled under the shadow of the Wallerawang Power Station at Lismore. It was here the Sailability State Championships were held for the second year running. In trying conditions, the fleet of 42 Access and Liberty dinghies, was becalmed one minute, rushing for shelter from thunder and lightning the next, battling gusts, and becalmed again!



Entrants of all ages and ability, from nine Sailability clubs, had come from as far away as Tweed Heads, Belmont, Port Stephens, and Canberra. The camaraderie between organisers Pittwater, participants, volunteers and carers was the highlight of the event.

Impressive "grey nomad" rigs, caravans and tents were pitched in the grounds of the Black Gold Motel, which served as headquarters, and where the entertainment was held. Our mass rendition of "Country Road" led by a local singing "duo" shook the rafters, and would have put the "Choir of Hard Knocks" to shame!

On the water your representatives of Greg, Peter and Steve acquitted themselves well, with Greg solo, and paired with Peter (pictured above in the Jade boat) winning races, but picking up so much weed on their keel they were forced to limp back to shore. Eli and Ivan enjoyed the experience.

Weekends like this are a lot of work, but very rewarding. Besides the 8 representatives from Manly at the Lake, there were many others involved behind the scenes. Jan spent a lot of time preparing the dinghies for the regatta, and then loaded and towed them up to the Lake.

Jude, who was a race officer for the weekend, arrived on Friday afternoon, and after helping Tish from Kogarah chase a big brown snake off into the bush (while the men ran for their trucks) found many willing hands to unload the trailer.

There was absolutely no infra-structure when we arrived, it all had to be brought in and set up by volunteers from all participating clubs. Pontoons were brought in on trucks, tarpaulins and tents miraculously appeared off trailers and out of cars, an accessible toilet appeared by road, Access dinghies, appeared out of the ether, and over 100 support people for the 50 or so people with disabilities with their cars suddenly appeared along with portable barbecues and urns. It looked like a tent city within 15 minutes of arriving.

At the end of the regatta, teams from the nine represented sailability groups descended to the water's edge. Boats were hauled up, tents and tarpaulins were hauled down, boats were tightened to trailers, pontoons were dismantled and loaded onto trucks. Within 3 hours of finishing the competition, there was not a skerrick of a sign that humans had been there for two days. This shows what teamwork is really about.

Jude and Eli

Sailing Report, Saturday 7th March

Our clients today were a mixture of regular groups and individuals. Alan and Paul arrived first, followed by Sunshine homes. Welcome Duncan, Rodney, Hayley, Toni, Matt, Mike, Ben, Adam, David, Luke, Jesse. Scott and Judy arrived next from Wanganella.

We were delighted to have the opportunity to provide some travellers from Arizona, USA, with a fabulous sailing experience on Sydney Harbour. Sponsored by Rotary, Margaret, Adrienne, Jennifer, Robb, Daryl and Mike. chose us out of all the Sailability clubs in Sydney, and they weren't disappointed. They were followed by Vanessa, Martin, Denis and Alan, in all, 25 sailors with disabilities in under 3 hours, keeping our fleet and skippers busy.

Helpers today were: Sailing Coordinator: Eli, Pontoon Manager: Jude, Registrar: Britta, then Helene, Safety Boat: Jill Madden, Observer: Mark, David. Sailor helpers: Jim, Ivan, John, Peter H, Peter S, Jill Musgrove, Craig, Evelyn, Helene, David, Crosbie, Rob, Riggers and pontoon stalwarts: Helen, Vlad, Philip, Carol and new helper Clare who slotted in where needed, Sausage sizzlers: Shelley, Britta, Deirdre. Photographer: Bob, Radio Operator: Sheila, Time recorder: Johnno.

Some of these people also rotated into other jobs so that everything went seamlessly. Thank you so much to Rob and Carol Sawyer, who were foundation members off the beach in 1998, and have just arrived back from Darwin after 6 years away, and to our care people today who did a huge job with their clients.

Somewhere along the way, we also welcomed the mayor of Warringah, Michael Regan, who came for the experience, and stayed for the enjoyment.

We also had an opportunity today of walking up and down the new ramp which has been provided by Manly Council along with a grant from Sydney Harbour Foreshores. We are extremely grateful for this, and congratulate the builders for the speed with which it was completed. *Eli*

Sailing Report, Wednesday 11th March

At last, a fine Wednesday. After several washed out or blown away Wednesday sailings, this morning was perfect. The sun peeped through the clouds, and a beautiful south easterly breeze at 10 to 13 knots was perfect sailing weather...

It seemed that all of our Wednesday helpers were just waiting for this perfection. Francis and Helen, Corey and David, Senni and Ian, John and Sheila, Vlad and Philip, Ivan and Jill, Graeme and Wayne, Peter and Patrick, Norman and Jim Sibree all arrived early, followed by Jim Gale a little later. We put out all 7 x 303's so that we could take the opportunity to raise the confidence of our more diffident sailors.

Our students arrived from Fisher Rd Special School. It was lovely to see 4 of our last year students back, keen and eager to get in the boats. Craig, Jack, Liam and Rhett were welcomed by their skippers, then Zoe, Chloe and Emily had their turn. After a sail, Zoe and Chloe had a turn in the Safety Boat.

Just as they were leaving, our MAPS clients arrived. Jenny was ready first, while James took

his turn on the Safety Boat. Ben and Brad followed, and all had a leisurely sail in the perfect conditions.

Jill was forced to jump in for an unexpected swim after one of the boats got loose while we were packing away. A truly wonderful day on Manly Cove. *Eli*

Does your vehicle have a tow hook?

We are looking for people with vehicles with tow hooks to sometimes help take our dinghies on their custom made trailer – wherever. Anyone who is able to assist please let Eli know on 9976 2747. Thankyou.

Main Points from the last Committee Meeting

- The access ramp is now completed. Opening day will be well publicised
- Only 3 lady skippers have entered the Women’s challenge, Jude and Eli to phone
- Volunteers “Thank you” event” will be on Wed 1st April at 7.30pm \$25 for guests
- Port Stephens Cup. This will be on 18th, 19th April. Anyone interested?

Clothing Shop – Available on Sailing Days

HATS: with a Sailability Manly logo by Paula on the front **\$12.00**
SHIRTS: Short or long sleeves Red or Navy **\$25.00**

2008/9 Committee

President / Chairman	John O'Connor	0409457486
Commodore / MYC Rep	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Secretary / NSW Rep	Eli Demeny	9976 2747
Membership / NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR /Interclub /	Jude Cole	9977 1867
Volunteers / Roster	Evelyn Shervington	9976 2134
Fund-raising	Stewart Tipping	
Social Secretary	Jill Madden	9948 4800
Web / database	Mark Ayres, Bob Ronai	
Members	Helen & Frances Hendry Maria Jarman,	

Next short meeting

Wed 1st April 6.30 pm

MYC – all welcome

Our Current Sponsors

Patron David Barr	Special thanks for help with our Accessible Bathroom:
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
• NETREGISTRY	• HEALTH SCIENCE PLANNING CONSULTANTS
• SHELTA UMBRELLAS	• SAFETY RAILS AUSTRALIA
• GME-ELECTROPHONE	• ALTRO APAC SAFETY FLOORING
• MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
• MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
• SIGNS NOW, Brookvale	• CERAMIC TILE MARKET, Brookvale
• HOOD SAILMAKERS Brookvale	
• TREHARNES MANLY BOATSHED, Fairlight	<input type="checkbox"/>
• WARRINGAH (\$750 grant this year) & MANLY Councils	
SUNRISE MANLY ROTARY CLUB (\$1000 for Royal Far West Children's Hospital, and sails)	
HUGO'S RESTAURANT, THE WHARF, MANLY (\$400 raffle prize donation)	