

# Signals from Sailability Manly



April 2009 Edition 42  
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Warringah Council

## Coming events – Don't miss these

Sunday 10<sup>th</sup> May 10.30 am - Freedom from MS MYC Relay  
*Volunteers needed for sailing, fun and fund-raising, MYC – Reef Beach*  
*Be part of the MYC Commodore's Picnic madness!!*  
Call Eli for details of how you can be involved - 9976 2747

Saturday 16<sup>th</sup> May 9.00 am – Commodore's Race and Picnic  
*Sailability end of season celebration – Race and barbecue - all welcome*  
Don't miss the chance to take part in the race, skipper or crew  
contact Peter Hamilton: [pj@pjhamilton.com](mailto:pj@pjhamilton.com) or 9975 1434

Saturday 30<sup>th</sup> May 6.30 pm - MYC Presentation Night  
*Who will be Sailability Sailor of the Year, Volunteer, Most improved?*  
Maybe you! - come and find out - \$10 includes light supper and a drink

## Sailing Schedule

W'end	May 09 – Dec 09	Wed	Dec 09 – Aug 09
02/05	Hornsby Lifestyles, General	13/05	RFW, Truscott St, MAPS Forestville.
16/05	Picnic & Race Day	10/06	Fisher Rd, Maps St Ives
13/06	BIRDS, General	15/07	Beach Buddies, MAPS, General
14/07	Hornsby Lifestyles, General	12/08	MAPS, RFW
01/08	BIRDS, General	09/09	
29/08	Hornsby Lifestyles, General	14/10	
05/09	Orientation/ Training	11/11	
Then	Every 2 weeks to 5 <sup>th</sup> Dec	09/12	

**Venue:** Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

**Visitors** are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$25.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans.

**Extras to bring:** All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Evelyn : 9976 2134**

or [evelyn@manlysailability.com.au](mailto:evelyn@manlysailability.com.au)

If you're not rostered on, come anyway, we'd love to see you.

If in doubt due to the weather, call **9976 2747** for a recorded message

## Hooray - ING Foundation Grant



Watch out for a new logo on the harbour.

The new orange Access 303 we recently purchased will soon be sporting a striking new logo. The ING Foundation have agreed to sponsor the boat to the tune of it's full cost, \$7,500.

Our proposal that the dinghy will help us train disabled children who are capable to sail and skipper themselves, and start the journey to a Special Olympic or Paralympic dream, perfectly meets their grant criteria.

With an influx of new volunteers with a sailing background who are prepared to put in extra hours, the program now seems well positioned for success.

Anyone who knows anyone who would like to know more about the program please contact

**Eli 9976 2747.**

**Jude**

## Sailing Day report – Saturday 21<sup>st</sup> March

What a beautiful start to the morning we had, a sure sign that we would have a busy sailing day. The volunteer team was made up of a blend of experience and enthusiasm, with many willing hands making slick work of the challenging workload.

Those booked in were; BIRDS, Baptist Community Centre, one of the Inala Group Homes, and regular sailors Judith, Rob S, Alan, Michael, Paul and Judy. However there were some groups who came down without booking. It is really important that you do book, and it is only because we did not want to send people home disappointed that we stayed longer to include Coolangatta and Inala large group in the program today.

REMEMBER, IT IS A SIMPLE MATTER TO RING 9976.2747 THE DAY BEFORE SAILING TO ENSURE THERE ARE AMPLE BOATS AND VOLUNTEERS.

Thank you so much to the carers today who made the wait easy for their participants, and who put so much effort into helping their charges into and out of the boats. Thanks also to Lynn Phillips, who is completing a SWAT Survey for Sailability NSW, and who was able to spend some time with us today.

Volunteers were; Eli, Johno, Judy, Peter S, Vlad, Crosbie, Tarsha, Jim, Robert, David G, David W, Graham, Ivan, Patrick, Helen, Karen, Shelley, Dale and Senni, and because we're getting better at cross-training, the backup and support was amazing.

Before putting the boats away, the helpers had a little honeymoon cruise: Crosbie sailed with Dale, Shelley with Peter, Ivan with Eli, Tanya with Michael.....one of those gooey film endings. ***Eli.***

### Sailing Day report – Wednesday 8th April

This morning we woke to a beautiful day with lots of sunshine and a steady westerly breeze. We had several groups coming to sail, so it was important that we start the rigging early. Our very wonderful group of helpers were there early so that we had seven boats rigged and on the water before 9.00 a.m.

Our participants today were awesome!!!! We started with a group from Royal Far West, and were most impressed by their skills and stories of life in country NSW.

These were followed by the group from Truscott Street School. These children show us what courage is all about. Gabriel and Ethan sailed on their Mum's knee, Jessika and Daniel in the car seat. All of the other children managed to sit in the boats on their own. We were very happy to take several children in the Safety Boat, which is always a thrill for both students and teachers.

Our next group were from Brookvale Special Language Class. They were an absolute joy to take out, chatting, learning the controls, giving all of our helpers a special insight into 6 year old minds. Last of all, our usual gang from MAPS arrived and took their turn in the boats.

I want to thank the helpers from the groups today. I feel that you all did a fantastic job caring for your groups during what must have seemed a long wait for some children, and then to come down onto the pontoon and help your charges into and out of the boats, which is often quite a challenge. Our skippers appreciate it when introductions are made on the pontoon, and we have a little background information.

Volunteers today included: Eli, Jill, Senni, Jim, Corey, Graham, Wayne, Ivan, Ian, John, Patrick, Norman, Samantha, Jim, Sheila, Helen, Francis, Cheryl, Phil and Jan. Thanks to these people. It was a heavy day, and everyone pulled their weight.

De-rigging and putting away was especially well done, working around the group of school children who had come for their Big Blue Sailing lesson. Again, we all cooperated, which just shows what you can achieve when everyone is being helpful.

It was sad to hear that some of our helpers will be going away for a few months. We will miss you, Jim, Senni, Ian, Samantha, and look forward to your return. ***Eli***

## Sailing Day report – Saturday 18<sup>th</sup> April

The weather forecast promised strong winds and possible showers, but at 8.00am Manly Cove looked perfect for our Access 303s.

Three of the boats were in Port Stephens, so a great bunch of cheerful volunteers quickly rigged and launched the 4 remaining dinghies, ready for the 16 sailors who'd booked in. During the half hour this took, the wind picked up!

Charlie's Chariot was dispatched to check conditions out on the water, and unfortunately, our fears and the forecast were confirmed. The conditions were very unpleasant, with choppy swells and winds over 15 knots, and gusts up to 20.

Yours truly, as Sailing Co-ordinator, attempted to contact all those booked in and let them know we'd no choice but to cancel sailing. It's one of the most unpleasant duties we have!

Some experienced skippers elected to brave conditions and get some helming practice in rough weather with drastically reefed sails.

These tragics; Crosbie, Tarsha, David, Evelyn, Robert and Dennis returned, soaking wet, but grinning from ear to ear, and in need of a warming sausage, perfectly barbecued by Karen. (right)



They all expressed admiration for the way the Access 303s handled, and had more knowledge of their capabilities, but agreed our disabled clients would have had a very uncomfortable and possibly off-putting experience!

As usual Vlad was a star on the winches, Jill and Jill provided safety cover in Charlie's Chariot, Johno, Jude, Helen, Phil and David had the sense to keep themselves dry and warm on the pontoon.

To those of you who missed out on sailing, we're truly sorry, and look forward to seeing you next time. Please remember to give your current contact details when you book in so we can let you know ASAP if sailing is cancelled.

**Jude**

## Free insert in Manly Visitors Guide

*Thanks to Ina Hartmann, Seaside Media, [www.manlyguide.com](http://www.manlyguide.com)*

## Volunteer "Thank You"

The volunteer "thank you" social evening was well attended, and provided an opportunity to get to know each other in a more relaxed environment, and we hardly recognised each other in our finery!!! Without our dedicated, skilled and enthusiastic helpers, there would be no Manly Sailability, so thank you again for your support. Jill Madden working with caterer Lee White did an outstanding job, an extra big thank you to you both.

Below left: the Singers, Patrick and the Jensens, right: the Webbs, Tarsha, Britta, Helene



## Clothing Shop – Available on Sailing Days

**HATS:** with a Sailability Manly logo by Paula on the front **\$12.00**  
**SHIRTS:** Short or long sleeves Red or Navy - **NEW STOCK AVAILABLE** **\$25.00**

### 2008/9 Committee

President / Chairman	John O'Connor	0409457486
Commodore / MYC Rep	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Secretary / NSW Rep	Eli Demeny	9976 2747
Membership / NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR /Interclub / Funds	Jude Cole	9977 1867
Volunteers / Roster	Evelyn Shervington	9976 2134
Social Secretary	Jill Madden	9948 4800
Web / database	Mark Ayres, Bob Ronai	
Members	Helen & Frances Hendry Maria Jarman,	

*Next meeting*

*Wed 6<sup>th</sup> May 6.30 pm*

*MYC – all welcome*

### Our Current Sponsors

Patron David Barr	<b>Special thanks for help with our Accessible Bathroom:</b>
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
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• TREHARNES MANLY BOATSHED, Fairlight	
• <b>WARRINGAH (\$750 grant this year) &amp; MANLY Councils</b>	<input type="checkbox"/>
SUNRISE MANLY ROTARY CLUB ( <b>\$1000 for Royal Far West Children's Hospital, and sails</b> )	
HUGO'S RESTAURANT, THE WHARF, MANLY ( <b>\$400 raffle prize donation</b> )	