

# Signals from Sailability Manly



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[www.manlysailability.com.au](http://www.manlysailability.com.au)

Edited by Jude Cole. Please send articles to [judy@manlysailability.com.au](mailto:judy@manlysailability.com.au)

Web content to Alan Bimson: [webmaster@manlysailability.com.au](mailto:webmaster@manlysailability.com.au)

## Coming events – Don't miss these

Sat Dec 12<sup>th</sup> - Commodore's Picnic & Race Day – 9.00 – 12.00  
*Try your racing skills against other skippers with our clients as your crew. Please call Peter Hamilton to secure a boat 9975 1434*

*Everyone welcome to sail and socialise*

Sat Dec 19<sup>th</sup> – Family Fun Day – 09.00 – 12.00  
*Bring family and friends to enjoy a morning on the water*  
*Call Eli for more details, or just turn up 9967 2747*

Australia Day Regatta – 26<sup>th</sup> January

## Sailing Schedule

W'end	Nov 09 – April 10	Wed	Nov 09 – Jun 10
28/11	Hornsby Lifestyles, General	09/12	RFW, Truscott St, MAPs Turra
<b>08/12</b>	<b>Camp Sababa</b>	<b>2010</b>	
12/12	Picnic and Race Day.	13/01	School holiday, MAPS Forestville
19/12	Family Fun Day.	27/01	Sunnyfields, MAPS Forestville
<b>2010</b>		10/02	RFW, Fisher Rd, MAPS Turrumurra
09/01	Hornsby Lifestyles, General	24/02	MAPS Pymble, Sunnyfields, Brookvale PS
23/01	BIRDS, General	10/03	RFW, Truscott St, MAPS Forestville
<b>26/01</b>	<b>Australia Day Regatta</b>	24/03	AC Foundation, Sunnyfields, Fisher Rd
06/02	Hornsby Lifestyle, General	14/04	School holiday, MAPS Turrumurra
20/02	BIRDS, General	28/04	RFW, Sunnyfields, MAPS Forestville
06/03	Hornsby Lifestyles, General	12/05	RFW, Brookvale, MAPS Forestville
20/03	BIRDS, General	09/06	RFW, Fisher Rd, MAPS Turrumurra
<b>Easter</b>	<b>State Championships</b>	14/07	A/C Foundation, MAPS Forestville & Pymble
17/04	BIRDS, General	11/08	Fisher Rd, MAPS Turrumurra, Sunnyfields

**Venue:** Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

**Visitors** are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$30.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans

**Extras to bring:** All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Eli on 9976 2747**

or [eli@manlysailability.com.au](mailto:eli@manlysailability.com.au) If you're not rostered on, come anyway, we'd love to see you.

**If in doubt due to the weather, call 9976 2747 for a recorded message**

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[Please take a close look at the Sailing Schedule](#)  
*Sailing on Saturday Dec 5<sup>th</sup> has been cancelled*

We know how much our clients enjoy and benefit from sailing, so from 2010, we'll be sailing on more Wednesdays during the summer months.

The regular Wednesday crew are a hard working and dedicated team, and we would like to recruit more volunteers onto the mid-week roster to spread the load. Those of you who normally volunteer on Saturdays, but could be available sometimes during the week, or know others who would be interested, please let Eli know on 9967 2747.

## [Welcome grant from Manly Council](#)

Our staunch supporters at Manly Council have recognised the substantial contribution Sailability makes to the local community by awarding us a grant to help with the running costs of the safety boat, Charlie's Chariot.

Alan Bimson and Jude represented the club at the award ceremony where a brave mayor, Jean Hay, recovering from her recent cancer treatment, handed over a cheque for \$1000.

We were very grateful for the grant, and felt humbled to be in the company of other recipients from innovative local Cultural and Community clubs and organisations which help make Manly a wonderful place to live. Thank you. **Jude**



## [Sailing Report - Sat 31<sup>st</sup> October](#)

What a wonderful morning we had for the last sailing day in October. The weather was perfect, just a gentle North to North Easterly breeze at around 10 to 12 knots making it easy to rig and sail, and giving us the opportunity of getting all 9 boats on the water.

Barry and Helen arrived early as usual, and managed to get most of the gear out before Tarsha, the three Davids, Jan, Ralph, the two Peters, Graham, Los, Wayne, the two Jills, Robert, Karen, Russell, Alan, Helene, Nik, Bob, Ivan and Vlad arrived. Helpers slipped into their positions, with Jan as Sailing Coordinator of the Day allocating tasks as people arrived. Peter Hamilton was extremely busy on the pontoon, as all the boats had to be rigged and checked before launching.

Peter Singer sailed himself over to Charlie's Chariot, then towed Clea back. Jill Madden was the Safety Boat driver and took off with Barry for a quick orientation, then we were inundated with our Sailors with Disabilities and the day really got underway.

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Because of the fabulous weather, there were lots of takers. Our skippers were kept extremely busy taking people out, and making sure everyone was extending their sailing skills. Our experienced skippers were kept extremely busy this morning, they were Wayne, Ivan, Graham, Tarsha, David Webb, David Goldner, Graham, Los, Helene, Bob, with Robert going out for a practice session, then coming back with confidence to take out some clients.

Compliments are also due to the pontoon staff, David N, Ralph, Peter H, Russell, Nik, with Vlad on the hoist. They expertly docked boats, disembarked sailors, filled the boats up again, and pushed them safely on their way. Matters were complicated by the low tide, as all boats were forced to use the western side of the pontoon for embarking and disembarking.

Up on deck, selecting life-jackets, making lunch, managing the time chart, registering sailors as they arrived were Helen, Jill Musgrove and Karen, doing a fabulous job. We are developing real teamwork with this crew which is extremely rewarding to see.

We were so pleased to see Tanya and Michael today, who came for an early sail before it got too hot, then Jessika, Denis, Alan and Judith. Alan went out for a solo sail in Clea, and was tried to the utmost when a strong gust caused the boat to heel and his body flopped over to port. Clea shipped some water, and Alan found it impossible to centre himself. Charlie's Chariot was soon on the scene and towed him home, wet, but with no ill effects. Modifications to allow him to pull himself upright are being installed.

Judith had her usual hour of bliss in Alan Wood. Next to arrive was young Matthiew, who waited patiently until Peter S was able to take him for a sail, then grabbed a ride in Charlie's Chariot with Dad. Ashley, Anna, Grant, Kerri arrived next with their helpers, Alex and Ruth, then Paul, Bruno and Tony.

It was lovely to see people who were waiting for a turn chatting with each other, and helping with each other's clients when necessary. Tina arrived with Lara, Lee-Ann and Angela, and these ladies were so happy with the experience, they are all going to become members. Jonathon with his Mum, Sue was next to arrive, straight into a life-jacket, and down to the pontoon they went, then were happy to sit and wait patiently for a sail. Last to arrive this morning were our groups from Hornsby Lifestyle with helpers Bianca, Niela, Allen and Elsa who helped Margie, Annie, Michelle, Susan, Robert, Bruce, Alex, and Ben into life-jackets then figured out an order for sailing. Susan opted for a ride on Charlie's Chariot with Allen in tow, and the rest of the group sailed. Last but certainly not least was Vanessa, who spent some time deciding, then concluded that sailing was not her thing today, and returned to her helpers Ero and Agnete.

At the end of the morning, all helpers cooperated in putting boats and gear away, with the general conclusion that this is the best activity in the world. *Eli*

## [Report on Manly Yacht Club Try Sailing Day, Sun 1<sup>st</sup> Nov](#)

Our Annual Try Sailing Day was upon us. There were lots of people out and about because it was a perfect day, most seemed to converge on Manly Yacht Club because of the excellent publicity that had been generated during the previous week.

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By 10.00 a.m. Judy, Helen, Los, and Charles had seven 303's rigged and in the water. Charlie's Chariot was ready to go with Peter as driver and Jan observer, with some expert sailors from Manly Yacht Club on hand.

Helen up on the deck was fantastic with her timing board, ensuring that everyone got a fair go. Alan was also a marvellous help at the registration table, and then had a stint in Charlie's Chariot.

It was continuous until the middle of the afternoon. Attendance was unprecedented, and the task of getting people out sailing became a routine. At some stages, the line of people waiting stretched all the way up the ramp, while at others, we seemed to be almost at the end, only to turn around suddenly and notice a whole new crowd.

Skippers Ivan, Peter, Steve, Los, Kees, Helen, Judy, Patrick, Greg and Louise were constantly out on the water, back to the pontoon, pick up another passenger and off again. Early in the afternoon,

when the tide dropped so that only the western side of the pontoon was available for loading and unloading it became quite difficult, and with the wind building, it made for a very tiring day. At some stage, the crew on Charlie's Chariot changed so that Greg became the driver, and Patrick the observer.



In the closing stages, when Jude and visitor Jonathan were on Charlie's Chariot rounding up the last stragglers, a concerned voice over the radio asked if we could rescue a dinghy in difficulty off Shore Beach. Of course we responded, only to discover it was a false alarm, but good to know yachties look out for each other!

Many people experienced sailing in small dinghies for the first time, which was the plan for the day. We made lots of new friends, and have several promises from people we had not met before to come back and help Sailability. Notable among these are Alex, Andrew, who has already joined as a member, Tyler's family who will definitely be bringing him back, Kees, who was a joy to work with and had a fabulous time, Carmelita, John the photographer, and many, many more.

Jill, and later Evelyn upstairs at the registration table also had an extremely busy day. Many thanks to these two, and also to the Manly Yacht Club people who jumped in and helped when it seemed we were overwhelmed by the crowd. Packing up and putting away was a dream, because of the excellent help we received from the people who still remained at the club after an extraordinarily busy day.

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I'm really glad that we had the opportunity to do this again, that we built links with the community, and had a most perfect day to do it on. What amazes me is the teamwork we build up, the people we meet, the exciting moments we experience, the friendships we form and the exhaustion we experience. Thanks again to Manly Yacht Club, Helen Buckland who was the organiser for this year, and all of the people who came down to make it a very special day. **Eli.**

## [Sailing Report Wed 11<sup>th</sup> Nov](#)

Expecting a large group of sailors this morning, we put out 6 303's, and the servo for Judith who had booked in, and were ready to go at about 9.30.

Helpers this morning were Helen, Gos, Kees, Philip, Ivan, Corey, David G, Jim, Wayne, Jill, Nik, Peter, Ian, Sentina, Alan, Parnuna, David W, and Vlad.

Four eager students from Royal Far West with their teachers arrived. Deran, Jordan, Adam and Wyatt hopped into a dinghy and off they went with their skippers for a delightful run around Manly Cove, while teachers Anna and Micheline opted for Charlie's Chariot to enable them to keep an eye on their students and take lots of photos. The wind was very unreliable so there were many stand still moments, with small gusts coming from different directions to make the sailing interesting.



In this dicey breeze, we sent Judith out in her servo, and after negotiating through the moorings, she was off for her beautiful morning, not to be seen again for over an hour.

Our regular group from French's Forest MAPS consisting of Judy Vella, (pictured left with Ivan) Amanda, Anna, Gavin, Hannah and Danny arrived soon after. After covering them with sun-screens, and waiting a few minutes until the Royal Far West group was finished, these adults

were lifted into the boats and went off for a nice leisurely sail. This group has normally been very rushed, so we were able to remedy that today, because our 3<sup>rd</sup> group were not able to come. Amanda used the new harness that Jan has fitted to Sunrise, and this was a great improvement on her old floppy style of sailing.

It was nice to meet new helpers Trevor, Kees, Gos and Parnuna this morning. Luckily it was a quiet morning, so they were able to do lots of learning which will make their future visits easier.

**Eli.**

## [Sailing Report – Sat 14<sup>th</sup> November](#)

It was another of those perfect sailing days, so our keen team led by Jill Madden put out 6 303's and Alan Wood, ready for Judith. Crosbie, Ralph, David G, Senny rigged and launched, while Helen and Michelle organised the sunshade and cooking gear on the deck. David W picked

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up Charlie's Chariot so that we could make an early start. Barry was the observer and we were ready to go with our early clients.

There were plenty of stimulating sights today, as it was the 50<sup>th</sup> Anniversary of Manly Juniors. Over 70 boats from all over NSW were rigged on the deck and sailed off into Manly Cove for a racing day.

Michael, Judith, Wayne, Jessika and Sophie went off in the first wave. In the meantime, Loz and Helene arrived, so Alan, Jonathon and Judy Vella were able to go for their nice, long leisurely sail under the watchful eye of Charlie's Chariot. We had a challenge with Alan Wood this morning, because the electric motor that drives the main was taking a holiday. Judith asked us to simply give her as much sail as possible and tie it off there, then sailed into the wide blue yonder.

It wasn't long before Paul, Tony, Bruno, Andrew and Philip arrived, so we had to call some of the boats back for a change over. Bill took Vlad for a lesson, then our wonderful team from BIRDS arrived so we had to call some more boats back. Steve, Carlo, Dave, Stuart and Simon had a wonderful sail, followed by Vanessa.

In the meantime, we had changed our Safety Boat crew to Jan, Barry, Jonathon and Sue. By 12.30, everyone had had enough, the boats were brought in, washed, packed away. 43 people enjoyed our activity today, a very nice round number, causing the day to be leisurely, relaxing and very comfortable for everyone. I want to compliment Jill Madden, who did a fantastic job as Sailing Coordinating, keeping everyone on their toes and the day running smoothly. **Eli**

## [Sailing Report – Wed 25th November](#)

The perfect weather and light nor-easterly breeze was a wonderful opportunity to give heaps of pleasure to all of our participants today.

Volunteers were kept extremely busy with Jim and Alan on the Safety Boat; Jill, Norman, Wayne, Kees, and David as skippers, Senny taking charge on the pontoon, with Phil helping; Helen and Jos up on deck doing registrations, radio and life-jackets and keeping our clients happy; and Eli taking on the role of Sailing Coordinator.

Jessika arrived early with Aunt Senny to supervise the work, so she was the first to go for a sail. Pretty soon afterwards, Michael arrived, and from there it was a steady stream. First of all our new friends from Sunnyfields, Ben, John, Ginny, David, Vanessa, Rodney with their excellent carers Tina, Max and Michael. This group was a delight, and we will be very happy to welcome them again soon.

Later on, our superb group arrived from Truscott St, each child with at least one helper, making life a dream for us. Matthieu and Cecile, Ethan and Shannon, Gabriel and Dad, Frances and Jasmine, Ethan M, Andrew, Sophie and Sonia, Daniel, Zoe, Kate, Jackson and Mustafa. Then there were the accompanying helpers, some of whom were Mums and Dads, work experience

They wrote us a lovely thank you containing these comments:

*Thank you Eli for a lovely day on Wednesday. Even the weather was kind. Please thank all the other helpers.*

*Jasmine:- I was sailing for the first time. It was good. Jessika:- I always have a good time sailing.*

*Matthieu:- I had fun and want to come again. Ethan:- Mum, my sister and I had a great time and we all want*

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*to come again. Jakson:- Sailing was great fun. Kate:- I went in the boat for the first time. It was good. Daniel:- It was my first time sailing. I had a great time. I want to come again. Andrew:- It was my first time sailing. I enjoyed it. Mustafa:- I had a lot of fun. Zoe:- I liked it a lot. Gabriel:- Sailing was a lot of fun. My mum and dad liked it too. Sophie:- I enjoyed going sailing. Thank you, Frances students, siblings, school volunteers and aides.*

As I write this, I keep seeing faces full of anticipation, joy, a little worry, then the huge smile and I hope we can do it over and over again. The look on Katie's face when she so gingerly climbed into the sailing dinghy, then the jubilation and cheery noises she made as she came ashore to see her friend Jessika waiting for her, the joy of Matthieu when he was invited to go on the Safety Boat, Ethan and Gabriel riding on the Dad's knees, Andrew's grin when I mentioned he might get fish'n'chips for lunch, Sophie, fast asleep on her Mum's knee, the alert face of Jackson sailing in the car-seat, all are our reasons for making sailing happen. **Eli**

## Highlights of last Committee Meeting

- Jan will liaise with Manly Yacht Club to design a new racking system of storage
- Jude will liaise with Maz Theaker and organise a pilot for Sunday racing
- Eli represented Sailability at the YA meeting in Melbourne

## 2009/10 Committee

President / Chairman	Evelyn Shervington	9976 2134
Commodore / MYC	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Volunteer co-ordinator	Eli Demeny	9976 2747
NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR / Signals	Jude Cole	9977 1867
Memberships	Jill Musgrove	9905 6706
Social Secretary	Jill Madden	9948 4800
Web / database	Mark Ayres / Alan Bimson	0411121303
Members	Helen Hendry	

### Next meeting

Wed Dec 2nd  
6.30pm  
MYC  
all welcome

## Our Current Sponsors

Patron David Barr	Special thanks for help with our Accessible Bathroom:
• PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
• NETREGISTRY	• HEALTH SCIENCE PLANNING CONSULTANTS
• SHELTA UMBRELLAS	• SAFETY RAILS AUSTRALIA
• GME-ELECTROPHONE	• ALTRO APAC SAFETY FLOORING
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• MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
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• HOOD SAILMAKERS Brookvale (sticky back) ING logo at cost	
• TREHARNES MANLY BOATSHED, Fairlight	
• MANLY Council (Accessible Walkway) (\$1000 towards running safety boat)	
SUNRISE MANLY ROTARY CLUB (\$1500 for Royal Far West Children's Hospital, and sails)	
FRITS VAN GROLL – SAILOR MARINE	
ING Foundation (The Orange Access 303 \$7,500)	