

Signals from Sailability Manly



June 2010 Edition 56
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A member of



Coming events – Don't miss these

WORKING PARTY – to re-fit boat storage room
Fri June 25th Sat 26th and Sun 27th

Anyone who has a few hours to spare will be most welcome
 Many different jobs, all levels of physicality, skill and experience
 Please call Jan Jensen to discuss **9905 4869**

Also: Sat and Sun July 11th & 12th
 Help replace the decking leading to the storeroom
 Please call Peter Singer: **9416 8749**

Winter & Spring Sailing Schedule

W'end	July – Dec 10	Wed	July – Dec 10
17/07	HLS General	14/07	A/C Found. MAPS Forestville & Pymble
21/08	BIRDS General	11/08	Fisher Rd, MAPS Turrumurra, Sun'fields
04/09	Orientation Day	TBA	Training and Practice Day
11/09	Training and Practice Day	08/09	RFW, MAPs Turrumurra, Achieve
18/09	HLS General	22/09	CAPS Forestville, DYPSC, Sun'fields
02/10	BIRDS, General	13/10	RFW CAPS Pymble, Achieve
16/10	General	27/10	Fisher Rd, MAPS Turrumurra, Sun'fields
30/10	HLS, General	10/11	RFW, CAPS Forestville, Dee Why PSC
07/11 Sun	BIA Try Sailing Day	24/11	Achieve, CAPS Pymble, Sun'fields
13/11	BIRDS, General	08/12	RFW, Truscott St, MAPS Turrumurra
27/11	HLS, General	TBA	Camp Sababa
04/12	Race Day		
18/12	Family Fun Day		

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

Visitors are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$30.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

Parking: We have parking permits for your car if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans

Extras to bring: All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Eli on 9976 2747** or eli@manlysailability.com.au

If you're not rostered on, come anyway, we'd love to see you.

If in doubt due to the weather, call 9976 2747 for a recorded message

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Annual Presentation Night – Sat 29th May

We don't do it for the glory, but sometimes it's nice to be recognised!



Each year your committee has the difficult task of identifying just ONE volunteer who has been a stand out in terms of reliability, positive attitude, willingness and skills.

Other awards are for the "Most Improved Sailor," and "Sailor of the Year."

This year **Ralph Newman** was nominated and recognised as Volunteer of the Year for exceeding all of the above criteria, and was presented with a medal by Maz Theaker, MYC Commodore.

Ralph was a member of a group who started Sailability in the Sydney area in 1996. His love of sailing, and his passion for making a positive difference in the lives of others, have contributed to it's great success.

In the eighteen months since Ralph became involved at Manly, we have appreciated his no nonsense attitude, his sound common sense and wise advice on all matters of boating and life in general!

Always the first to step up to a task, Ralph can turn his hand to anything, and is often first to arrive and last to leave. In the school holidays he's sometimes joined by his grandson Aiden, they are obviously great mates.

Thank you Ralph and everyone you represent as Manly **Sailability Volunteer of 2009/10**.

Most Improved Sailor medal goes to Tony Jones (right) who has approached his sailing as he has his life.

Determined to become more self sufficient and independent this year Tony makes his own way to MYC most weeks.

From being a passive passenger, then a keen trimmer, Tony is now confident in taking the helm and experiencing true freedom on the water.

He loves his sailing and his carers believe it has made a big contribution to his new found self confidence and esteem.



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Maz presented the medal for **"Sailor of the Year "** to yours truly, Jude Cole who proved that you **can teach an old dog new tricks** by applying cruising skills to dinghy racing and winning a silver medal at The World Masters Games.

Sailability has added a welcome new dimension to my life. I joined because I love sailing, but find the camaraderie and obvious joy we bring our clients very emotionally rewarding. I recommend it to anyone who would like a sense of purpose and the satisfaction of being part of a dedicated team.

The medal was also a team effort because several volunteers acted as starters and course layers when we were practicing throughout last winter.



The Holman Trophy for outstanding seamanship, in memory of late MYC member, Nigel Holman, was presented by Nigel's widow, Imogen, to Sailability Manly member, **Greg Hyde**. (right)

Prior to his debilitating illness, Greg helmed Nigel's Lyons 40, "Cuckoo's Nest" on many occasions, including their win in the storm ravaged 1993 Sydney to Hobart.

The recognition came as a complete surprise to Greg who is focused on his training regime for selection in the Paralympic squad for the 2012 London Games.

To raise funds to give Greg the best winning chances, Sailability Manly is organising a concert by our friends "Loosely Woven". The date is Friday 3rd September at 7pm, and will be held at "Humph Hall" in Allambie Heights. There will be a charge for entry, which will include a light supper at the interval.

The program will be published in the next edition of Signals, and we will be looking for members to donate plates of refreshment for the supper and gain free entry.

Thanks to everyone for their terrific contribution this year. *Jude*

Breaking news – *Our good friends from Pittwater Sailability, Alyse Saxby with Bob Hamilton, have been selected for the Special Olympics in Athens. Hooray!*

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Sailing Report, Wed 9th June

I'm happy to be able to report on a perfect Sailing Day. The right number of volunteers put out the right number of boats for the right number of sailors with disabilities in the right temperature at the right time of the year and with the right sort of breeze. WONDERFUL!!!!!!

Jill Musgrove took her turn as Sailing Coordinator of the day and made a perfect job of it. Thanks, Jill, the day worked well.

I must admit, it was a bit cool for the starting helpers, Barry, Rob, Helen, Corey, Samantha, and Jill to put the boats out, but by the time we got them rigged and ready to go, the day had warmed up, the sun was shining, and our eager sailors Pam, John, Wayne, Peter and Ivan were ready to rock'n roll.

We took some of our new sailors out for a trial sail, and then our beautiful students from Fisher Rd, Emily, Chloe, Reece and Zoe arrived, and were taken out in perfect conditions for a nice long sail to Reef Beach and back. Mike and Norman were busy on the pontoon learning the ropes of the hoists, and Ray and Corey went out as observer on Charlie's Chariot with Barry in charge. We had a swap of Safety Boat drivers with Peter Singer taking over so that Barry could go sailing, and allowed James and Rod, two of our clients to help with the observing role.

In the meantime, Rod, Ginny, Ben, Luke and David arrived with their helpers from Sunnyfields, and then Ben, James, Andrew, Jenny, Brad and Arjun from Sunshine homes. All of these clients had enough sailing to keep them happy for a while, and then we were out of the water, de-rigged and everything put away in time for lunch.

Three new competent sailors were introduced today, so that our numbers for Wednesdays are back up to par. Thanks, John, Mike and Michael for sharing your skills, and thanks to Pam, who has a powerboat licence, and is a potential Safety Boat operator. I would like to pick out Barry for a special thank-you today for overcoming his nervousness and ending up having a good time as a sailor.

Also, thanks to our magnificent carers today who did everything right; Sue and Maria from Fisher Rd, Tina and Kirstie from Sunnyfields, Katie and Michael from Sunshine. *Eli*.

Sailing Report – Sat 19th July



Jannie, Sue, Loz, Jan & Karen

Today was a regular sailing day which also became a training session for a group of enthusiastic new volunteers.

Welcome to Vasily, Rowan, Sophie, Annika, Suzanne, Jannie, Kim and John. You all watched and lent a hand with rigging, sailing, helping people into and out of boats, de-rigging, washing boats, and putting away.

Most of you got out on the water either sailing or in the safety boat, and learnt the complexity of volunteering at Sailability. Feedback

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was that you enjoyed the experience and you will return. Some even offered to help with the series of working bees that we will be holding over the next few weekends to improve our racking system and our boat storage area.

Today Jill Madden was an exemplary Sailing Coordinator, Peter Hamilton, Pontoon Manager, Helen the sausage sizzler, Karen the time-keeper, Judy, Ivan, Wayne, Pam, Robert, Loz, Helen, David, the sailors; Barry, Ray and others working on the pontoon, and the people who worked up on the deck helping with life-jackets, registrations, etc.

The sailors who arrived early had a fabulous sail in the building Westerly wind. Evelyn, Denis, Judy, Tony, Vanessa, Jonathon, Kerrie, Anna, Ashley and Steve all had a great time out on the water. Grant enjoyed every moment of his time out on Charlie's Chariot.

By mid morning the wind had picked up, and our skippers were reporting wet conditions. Those who arrived late missed their sail, as it would have been very uncomfortable and cold for them. Sorry, Philip, Kate, and the BIRDS group. We trust you'll have better weather next time. *Eli*

[New Racking System- Please will you help?](#)

For several months we have been discussing with MYC a new racking arrangement in the dinghy storage room. The proposed new system will give us more room to manoeuvre boats onto the trailers, and a door will be built opposite the current door which will allow us to wheel dinghies straight out onto the deck and down to the pontoon.

There will be some preparation, moving, rebuilding and painting work to be done, and all by our volunteers.

The proposed timing is **Fri 25th, Sat 26th, Sun 27th June**. Jan Jensen is organising the work, and will be very keen to hear from YOU if you can spare even just a couple of hours during that time.

Please call him so you can find out how you can best contribute, and be rostered for a role you'll enjoy. This is a worthwhile project and the chance to be part of a dedicated team. Please call Jan on **9905 4869**.

We have also offered to help MYC replace the decking leading to the store room. Anyone who is available on **Sat & Sun 10th / 11th July**, please call Peter Singer on: **9416 8749**.

[Fergo update](#)

A combination of cold wet weather and illness derailed our schedule of taking people sailing on Fergo this month. We trust we'll get back on track this month.

We also discovered rain was getting in through the window sealing. This was fixed temporarily with duct tape, and we're pleased to report that Vale Plastics has generously donated Perspex for four new windows. Manly Boatshed ordered the marine grade sealant, and we're now waiting for a suitable weather window to make the replacement.

Bruce and Pam Davis of Davis Marina have given us a mainsail which will need to be cut down, but promises to be a vast improvement on the current sail which is very baggy in the foot. We'll be on the lookout for a sailmaker willing to remodel it for us. *Jude*

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President / Chairman	Evelyn Shervington	9976 2134
Commodore / MYC	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Volunteer co-ordinator	Eli Demeny	9976 2747
NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR / Signals / Funds	Jude Cole	9977 1867
Memberships	Jill Musgrove	9905 6706
Social Secretary	Jill Madden	9948 4800
Webmaster	Alan Bimson	0400 328 268
Members	Helen Hendry	

[Next meeting](#)

[Wed July 7th](#)

[6.30pm](#)

[MYC all Welcome](#)

[Our Current Sponsors](#)

Patron David Barr	Special thanks for help with our Accessible Bathroom:
PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
TREHARNES MANLY BOATSHED, Fairlight	
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HOOD SAILMAKERS Brookvale (sticky back) ING logo at cost	
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SUNRISE MANLY ROTARY CLUB (\$750 for Royal Far West Children)	
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