

Signals from Sailability Manly



August 2010 Edition 58
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A member of



Diary Entries – Don't miss these events

Wed Aug 25th - Practice session for Wednesday helpers: 9am

*on the deck, the pontoon, in the safety boat and the Access dinghies
 a chance to practice, learn new skills and have some fun*

**Fri Sept 3rd - Loosely Woven Concert – Razzle Dazzle:
 6.30 for prompt 7pm start**

*Fund-raising to help get Greg Hyde to the Paralympics
 See the poster next page – bookings: wayne@humph.org 9939 8802*

Sat Sept 4th - Orientation Morning: 9-12

*If you've joined in the past 12 months, please come to this morning session,
 learn about Sailability, and have fun on the water. **Bring new volunteers***

Sat Sept 11th – Volunteer Training & Practice: 9-12

for all volunteers to hone their skills, learn new ones and socialise

Winter & Spring Sailing Schedule

W'end	Aug – Dec 10	Wed	Aug – Dec 10
21/08	BIRDS General	25/08	Training and Practice Day
04/09	Orientation Day	08/09	RFW, MAPs Turramurra, Achieve
11/09	Training and Practice Day	22/09	CAPS Forestville, DYPSC, Sun'fields
18/09	HLS General	13/10	RFW CAPS Pymble, Achieve
02/10	BIRDS, General	27/10	Fisher Rd, MAPS Turramurra, Sun'fields
16/10	General	10/11	RFW, CAPS Forestville, Dee Why PSC
30/10	HLS, General	24/11	Achieve, CAPS Pymble, Sun'fields
07/11 Sun	BIA Try Sailing Day	08/12	RFW, Truscott St, MAPS Turramurra
13/11	BIRDS, General	06/12	Camp Sababa
27/11	HLS, General		
04/12	Race Day		
18/12	Family Fun Day		

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

Visitors are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$30.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

Parking: We have parking permits for your car if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans

Extras to bring: All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Eli on 9976 2747**

or eli@manlysailability.com.au

If in doubt due to the weather, call 9976 2747 for a recorded message

Signals from Sailability Manly



Manly Sailability presents

Razzle Dazzle

a light-hearted, folky, sort of acoustic
concert/cabaret with 27 instrumentalists & singers



Loosely Woven

7pm, Fri 3rd September 2010

Humph Hall

85 Allambie Road, Allambie Heights

Donation: \$25 (incl. light supper) (all proceeds to Greg Hyde's Paralympic Challenge)

Bookings: Wayne 9939 8802 wayne@humph.org looselywoven.org

Please wear something pink and sparkly
Bookings essential – arrive at 6.30 for prompt start at 7pm

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If you can't come to the "Razzle Dazzle" concert, but would like to make a donation, please go to: www.everydayhero.com.au and search on Greg Hyde online donations are tax deductible

Sailing Report- Wed 11th August

Perfect day, skilled volunteers, lovely clients, what else can you wish for?

Our well-trained Royal Far West students arrived just as we finished rigging, so we were able to take them for a sail with Barry and Corey in Charlie's Chariot, joined by their teacher, Anna.

Tahnee went off with Jill (pictured right) Beau with Wayne, Kaitlyn with Ivan, James with David. All of the skippers remarked on the willingness of these students to do the sailing work, making life very easy for the skippers. James is definitely a natural sailor, having an immediate affinity with the wind, so even though he lives in Leeton, where water is hard to find, he is a budding sailor.

Our other clients booked in for today did not make it down, so Norman, Helen, Philip, Michael and Peter used the cups of tea and coffee with biscuits to look busy, and we all helped put away. Thank you so much to Caroline who came down today for the first time and looked as if she enjoyed every moment. *Eli*



Fergo Report –

Peter Singer and I took Wayne Black for a sail. Fergo was tied to starb'd on the end of the jetty at MYC at mid tide. The hoist had been inserted and Wayne fitted with a life-jacket. He used his walker to walk to the hoist position unattended. With Peter working the hoist and me guiding Wayne, he was smoothly raised and swung over the cockpit, and lowered onto the cockpit seat, with plenty of scope left in the hoist and descent arrester.



The operation took the same amount of time it would have taken to lower him into an Access dinghy, and Wayne said he felt safe and comfortable throughout.

We motored out of the mooring area, and hoisted the sails in a 10-12knot S/SW wind and smooth seas.

Wayne sat to starb'd, and steered with his left hand. He did not need support. He steered from this position on both tacks, managing the transition with ease.

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The wind picked up to a steady 12 knots, and Wayne was having a ball, so were we.

Peter and I poled out the headsail with the jockey pole when running down wind square. It worked well when being held, but needs modification, which Peter will attempt with fittings we already have.

After over an hour of sailing to Quarantine, across the heads, to Dobroyd Point and back to Manly Cove, we picked up the mooring at 40 Baskets, stowed the sails, brewed a cup of tea and demolished a packet of biscuits.

We then motored back to MYC, tied up at the end of the jetty, and hoisted Wayne off. We put the hoist sling and life jackets away, and Peter took a very happy Wayne home, while I motored Fergo back to the 40 Baskets mooring made all fast for the day, rowed ashore and stacked the dinghy. A very satisfying experience.

At the AGM on 4th August, it was overwhelmingly agreed to extend the evaluation of Fergo until the end of the summer season, with an additional budget to cover safety equipment, maintenance and running costs.

During this time, many members will be given the opportunity to experience sailing a bigger boat. If YOU are interested, please call Eli on 9976 2747 to discuss viability.
Jude

Truly inspiring: I recently bought the book Jessica Watson wrote about her solo circumnavigation of the World, "True Spirit," and chatted to her when she signed it for me. Now that I've met her and read the book, she has soared even more in my estimation, and I highly recommend it as a gift to any teenager or person with perceived disability!

In the book, Jessica mentions Jamie Dunross, a quadriplegic sailor from Perth, who, at the time of publishing, was nearing the end of a solo circumnavigation of Australia. I checked his website, and confirm that he has since completed the inspirational journey.

Jamie's injuries are a result of a mining accident in 1988 when he was 23. His mantra is, "Life goes on, it's what you make of it that counts." www.solo1.com.au

Manly Sailability aims to help others gain confidence and self-esteem through sailing. *Jude*

[2010 – 2011 Memberships overdue](#)

It's that time of year again, and we remind you to renew your membership so that you're covered by our insurance policy when you're involved in Sailability activities and receive your copy of "Signals."

Please print the attached form and post it with your cheque, or email it to the membership secretary, indicating that you've made an electronic transfer. *Thanks*

*Volunteers, please check the new roster Eli has sent
and let her know if you'd like changes made.
If you're not rostered on please come anyway, we'd love to see you.*

Signals from Sailability Manly

Northbridge Travel – Specials

"Our aim is to have clients experience holidays that far exceed their expectations.
We understand the challenges of travellers with special needs.

Please call 9958 5666 or drop in and see us at:
Shop 4, 59-65 Strathallen Ave, Northbridge or
or email: northbridgetravel@tpg.com.au

"Let us turn your travel dreams into experiences"

Highlights from the 2010 AGM

- Please check the newly elected office bearers below
- Sailability Manly's finances are in a healthy state
- More people than ever have been given sailing experiences
- We've had a record number of members

Newly elected 2010/11 Committee

President / Chairman	Evelyn Shervington	9976 2134
Treasurer	Patrick Alexander	9913 9848
Vol/ Sec/SNSW Rep	Eli Demeny	9976 2747
Maintenance/Training	Jan Jensen	9905 4869
PR / Signals / Fergo	Jude Cole	9977 1867
Memberships	Helen Hendry	9949 6667
Soc Sec / MYC	Jill Madden	9948 4800
Webmaster/SNSW	Alan Bimson	0400 328 268
Members	Peter Hamilton	9975 1434
	Ralph Newman	9451 9462
	Ray Rampton	9948 8180

Next meeting

Wed
Sept 1st, 6.30pm

MYC upstairs
all Welcome

Our Current Sponsors/donors

Patron	Special thanks for help with our Accessible Bathroom:
PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
TREHARNES MANLY BOATSHED, Fairlight	
PETER LONG – BLUE PETER RIGGING : Mast makeover and rigging	ALAN SIM – shipwright – invaluable advice
HOOD SAILMAKERS Brookvale (sticky back) ING logo at cost	
MANLY Council (Accessible Walkway) (\$1000 towards running safety boat)	
JEAN HAY – Mayor of Manly – dinghy permit for Forty Baskets Beach	
SUNRISE MANLY ROTARY CLUB (\$750 for Royal Far West Children)	
MANLY FAST FERRY - \$500 operating cost contribution	
Lifestyle Working - \$1666 for special projects and operating costs	
ING Foundation (The Orange Access 303 \$7,500)	
Northbridge Travel - \$500 sponsorship of the Signals Newsletter	
HEMPEL Marine Paints – antifoul for Fergo	
Fgi – Fibreglass & Resin - \$150 +	
Riley Fittings – Rig fittings for Fergo	
Ronstan – Rig fittings for Fergo	
Vale Plastics – Perspex for windows - Fergo	
Davis Marina – mainsail for Fergo	