

# Signals from Sailability Manly



April 2010 Edition 54  
[www.manlysailability.com.au](http://www.manlysailability.com.au)  
 Edited by Jude Cole. Please send articles to  
[judy@manlysailability.com.au](mailto:judy@manlysailability.com.au)  
 Web content to Alan Bimson:  
[webmaster@manlysailability.com.au](mailto:webmaster@manlysailability.com.au)

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## Coming events – Don't miss these

**Wednesday May 5<sup>th</sup> - Volunteers Dinner – 7.30pm - \$20 byo**

Bookings essential phone: 9948 4800 or email: [jillmadden@optusnet.com.au](mailto:jillmadden@optusnet.com.au)

**Tuesday May 11<sup>th</sup> – Volunteer Expo – Dee Why RSL- 10am – 2pm**

Help promote Manly Sailability to potential volunteers by spending an hour on our stall. Please contact Eli to register your interest: 9976 2747

**Saturday 15<sup>th</sup> May – Race Day and Sausage Sizzle – 9am – 12.30**

Pit your sailing skills against other members in the end of season Race Day  
 Entries to: Peter Hamilton on 9975 1434 or email: [peter@manlysailability.com.au](mailto:peter@manlysailability.com.au)

**Sunday May 23<sup>rd</sup> – Fun Run – Manly**

Manly Sunrise Rotary is holding a Fun Run with easy (wheelchair access) medium and long courses. Please support our generous sponsors by taking part with your family. Call Eli on 9976 2747 for more details

**Don't wait to be contacted for the above events - you may miss the fun**

## Winter Sailing Schedule

W'end	April – Aug 2010	Wed	April – Aug 2010
01/05	HLS, General	28/04	RFW, Sunnyfields, MAPS Forestville
02/05 Sun	MYC Commodore's Picnic	12/05	RFW, Brookvale, MAPS Forestville
15/05	Regatta / Race Day	09/06	RFW, Fisher Rd, MAPS Turramurra
19/06	BIRDS, General	14/07	A/C Found. MAPS Forestville & Pymble
17/07	HLS General	11/08	Fisher Rd, MAPS Turramurra, Sun'fields
21/08	BIRDS General		

**Venue: Manly Yacht Club**, East Esplanade (end of Wood St) downstairs dockside via accessible ramp.

**Visitors** are always welcome to try us out for \$5. Annual membership includes unlimited sailing for \$30.

Please call **Eli: 9976 2747** a day ahead to ensure you get a sail. **Sailing starts from 9.30am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit, and special arrangements for mini-buses and wheelchair lift vans

**Extras to bring:** All sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Sailability provides life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club pontoon by 9am – approx 1pm or as long as you can**

If your name appears on the roster, and **you are not available**, please contact **Eli on 9976 2747**

or [eli@manlysailability.com.au](mailto:eli@manlysailability.com.au) If you're not rostered on, come anyway, we'd love to see you.

**If in doubt due to the weather, call 9976 2747 for a recorded message**

**Volunteers please check the new roster**

# Signals from Sailability Manly

## Sailing Report, Wed 24<sup>th</sup> March

Another fabulous morning on Manly Cove!!!!

The forecast was for a steady South Easterly at 5 to 7 knots, and because we were expecting 22 clients and the same number of helpers, we put out 6 boats and were ready to go by 9.30.



Crew for today was: Sailing Coordinator; Eli, Pontoon Manager; Jill, Charlie's Chariot Driver; Jim, Observer; Helen, pontoon crew; Vlad, Norman, Ray, Ashley, Robert, Phil, Sailors; Kees, Robert S, Norman, John, Ian, Wayne, Ivan, Peter and David. On the Deck; Registrar; Jos, Radio; Corey, Crew; Andy, Barry, Sheila

The wind did not reach expectations, so it was a slow, steady morning for clients Paul and Carol, Eddie, then from Fisher Rd School: Emily, Reece, Chloe and Jessie with helpers Robyn and Sue.

These were followed by Vanessa, Robert, Greg, David, Rodney, Ginny, Harry and John from Sunnyfields with helpers Tina, Jo and Don, then Mark, Max, Susan, Kerry and John from Achieve Australia, with helpers Farida, and Jenny.

Team meeting above, Helen, Eli (back view) and Jill, and Norm and Kerry pictured right.  
*Eli.*



## Musto Sturrocks Women's Challenge Report- 21st March

Special Olympics Silver Medalist from the 2007, World China Games, 20 year old Alyse Saxby from Newport, took out the Access 303 Division of the Musto Sturrocks Women's Challenge sailed from Manly Yacht Club on Sunday 21<sup>st</sup> March.

Sailing in "Sunrise", a yacht donated to Manly Sailability by Manly Sunrise Rotary, and with Pittwater Sailability's Helen Cregan as tactician and sail trimmer, Alyse pitted her skills against able-bodied sailors in a closely contested race.



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In a photo finish, the talented young sailor crossed the line in front of "Woody" sailed by Manly Sailability members Jude Cole and Carol Sawyer. They were closely followed by "Lionheart" helmed by Manly's Deanne Smith with Helen Hendry making a real race of it. In fourth place was "Jade" with Helene Francois and Chantelle, In fifth: "Alan Harkness" with Samantha Wainright and Jayne Kelderman, in sixth "Th-ING" with Eli Demeny and Rachel Ward, followed by "Dolly Wallis" with Jackie Morgan and Jessika Keldermann who had some rigging malfunctions. Judith Geppert in the 2.3 "Alan Wood" was a very creditable finisher.

Alyse adds the impressive Musto Sturrocks trophy to the gold medal she won in the Access 303 / Sailability Division of the 174<sup>th</sup> Australia Day Regatta. On that occasion Pittwater Sailability's Bob Hamilton was in the co-pilot seat, but Alyse has now proven she's competitive in her own right.

In April she will be joining more than 4,500 athletes who will compete in the "IX National Special Olympics Australia" to be held in Adelaide. We wish her the best of luck. *Jude*

## [Kayak for Kids- Sun 28<sup>th</sup> March](#)

*Lifestart Kayak for Kids is a 17.5 km long kayak rally in Sydney Harbour. For the fourth year running, Sailability offered practical support during this event.*

*The four of us, Peter, Shelly, Jos and Eli (pictured right) took our position at 09.30 am at Taronga Zoo with the Charlie's Chariot.*

*Our main task was to guide the participants in the race and to help them avoid bumping into the ferry.*



*Peter and Shelly prepared a special sign and without any accidents the 400 kayaks, with an estimate of 600 people made the crossing.*

*It was a lovely day, with again, a lot of team spirit for a better world, JOS*

## [Sailing Report, Wed 14<sup>th</sup> April](#)

Can the weather get more perfect than this? I don't think so. Because of this fact, we put out 7 boats, hoping to attract more than our officially booked in sailors. We did attract several volunteers, with new helper Amanda having an absolute ball, and were able to very efficiently take all comers for a good long sail, with some experiencing a ride on Charlie's Chariot as an extra thrill.

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We were very happy to meet Burt and Tom, who came all the way from Tasmania, and who absolutely loved the experience of sailing in Manly Cove. We also met Shine and Jessica who drove from Wentworth Falls for the day and enjoyed the sailing experience.

Thanks very much to the helpers of today: Corey, Wayne, Jim, Jill, Ian, Peter, Rob, Helen, Philip, Sheila, John, Patrick, Vlad, Amanda, Samantha, David, Ralph and Aiden. Without you, these beautiful days cannot happen!!!!

Thanks also for making it all worthwhile Burt and Tom, Christine, Denise, Margaret, Jessika, Luke, Braedon, Kerry, Mark, Robyn, Lynette, and Ed. The carers of these people were wonderful!!!! From Grevillea, a helper for each client, from the Spastic Centre, Sarah and others, from Achieve, Rav, Ivan, Sera, Budd and Jessie. We appreciate the help given by two young men on holidays from school who decided to spend the day with us, helping with organising people on and off boats, and keeping their clients happy. *Eli*

## [Sailing Report, Sat 17<sup>th</sup> April](#)

Another of those perfect days with 5 to 10 knots SW breeze brought an impressive number of helpers and clients down to Manly Yacht Club for a Sailability sail.

Andrew enjoyed his sail



Crosbie was a first time Sailing Coordinator and the work was carried out like clockwork under his guidance. Jude, Kevin, Loz, Jan, Ralph, Aiden and Jim rigged 7 boats, while Barry went across to pick up Charlie's Chariot, and Ray was his observer.

Alan underwent a quick training session as Registrar, making sure that everyone signed in as they entered, and that casual sailors paid up. We had eager sailors lined up to take their turn, with Peter, Wayne, Loz, Graham, Vin, Jim and Evelyn skippering the first wave of clients. Helen was busy up on deck, greeting new volunteers Kate, Rana and Caroline and giving them a run-down of how we make Manly Sailability work.

It was only a few minutes after we finished readying the gear before our first clients arrived. Welcome, Kris and the Van Klampen Family. Kris was immediately into a boat, while Mum, Cindy took over the time keeping, and the rest of the family checked everything out. Andrew, Ben, Daniel, Graham, Rachel, Stewart, Jim and helper, Geoff arrived

from Waitara Centrelink. They were followed by Denis, Kate the Great, Kerrie, Grant, Anna, and Judy. Sailing was wonderful, with the breeze picking up and giving our clients a perfect sail.

After these two sessions, we needed to rotate skippers to give everyone a spell. Congratulations, Crosbie for keeping abreast of this, as it is always challenging when we have a large number of eager sailors and Safety Boat Observers. David,



Daniel giving Kris a lesson in bbq techniques

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Jude, Ivan, Bob, Helene, Patrick and Rob took over the sailing, while Vin, Kevin, Grant and Ruth helped in Charlie's Chariot.

Our next wave of clients arrived. Vanessa, Andrew, Stuart, Roger, Carlos, Brad, Simon, Philip and Roger headed off with the fresh skippers. At about the same time, the cooking commenced under the watchful eye of chef Helen, and sous-chef Karen, with help from Daniel, Kris, Kate and Caroline. Barry could definitely smell those sausages, so he came in for his lunch, while Jan took over Safety Boat duties.

There was a little penguin who also came for a look, maybe a smell of those sausages, and hung around under the deck, entertaining both sailors and clients.

Before finishing for the day, we took all carers and helpers who wanted to go for a sail out on the beautiful waters of Manly Cove before packing everything away. Ivan took this rare opportunity to take his partner in crime for a sail. In my mind, this was about the most perfect a day can get due to the cooperative way our volunteers are working together, as well as the enthusiasm and sense of humour of our clients and their carers. *Eli.*

## Fergo update

No we are not sailing off to New Zealand, but on such a magnificent day for Fergo's maiden sail as a Sailability yacht, the crew of Jill, Kees and Jos were tempted to keep going through the heads.

Still without a working motor, a growing number of skippers are becoming experts at sailing on and off the mooring we've been "minding" at Forty Baskets. The sailing set up is being tweaked, and by the end of April, we will be ready to start putting Fergo through her paces.

The idea is not to replace the current sailing experiences for our Access 303 sailors, but to add a dimension for those who are able to learn and appreciate the challenge of sailing on a bigger boat on Special days.

The concept has been proven at Rushcutters Bay, now thanks to Bob Ferguson, we have the opportunity to try for ourselves on the North end of the Harbour. *Jude*



## Points from Committee Meeting – Wed 7<sup>th</sup> April

- Eli attended a Volunteering Forum which was very stimulating and informative
- Kayak for Kids - \$50 for petrol donated back to Lifestart
- The racking system has been approved and will commence soon
- A sub-committee was set up to oversee the trialing of Fergo

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## [Northbridge Travel – This month's Specials](#)

### **Beach Bonanza – Vanuatu – Moorings Hotel**

*Includes: Return Economy Airfare; 7 nights Accom; Discounts on shopping/touring/dining  
Plus: 3 Free nights; Free Tropical breakfasts; entry to night club : From Syd. \$910pp*

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## [2009/10 Committee](#)

President / Chairman	Evelyn Shervington	9976 2134
Commodore / MYC	Peter Hamilton	9975 1434
Treasurer	Patrick Alexander	9913 9848
Volunteer co-ordinator	Eli Demeny	9976 2747
NSW Rep	Peter Singer	9416 8749
Maintenance/Training	Jan Jensen	9905 4869
PR / Signals / Funds	Jude Cole	9977 1867
Memberships	Jill Musgrove	9905 6706
Social Secretary	Jill Madden	9948 4800
Webmaster	Alan Bimson	0400 328 268
Members	Helen Hendry	

[Next meeting](#)

[Wed June 2<sup>nd</sup>](#)

[6.30pm](#)

[MYC all Welcome](#)

## [Our Current Sponsors](#)

Patron David Barr	Special thanks for help with our Accessible Bathroom:
PAUL NEWMAN'S OWN	• MASTER BUILDERS ASSN OF NSW, Manly-Warringah
MANLY YACHT CLUB	• BRAILLIANT TOUCH AUSTRALIA
MANLY 16FT SKIFF SAILING CLUB	• CAROMA-DORF
TREHARNES MANLY BOATSHED, Fairlight	
PETER LONG – BLUE PETER RIGGING	: Mast makeover and rigging
HOOD SAILMAKERS Brookvale (sticky back) ING logo at cost	
MANLY Council (Accessible Walkway) (\$1000 towards running safety boat)	
SUNRISE MANLY ROTARY CLUB (\$750 for Royal Far West Children)	
ING Foundation (The Orange Access 303 \$7,500)	
Northbridge Travel - \$500 sponsorship of the Signals Newsletter	
HEMPEL Marine Paints – antifoul for Fergo	
Riley Fittings – Rig fittings for Fergo	
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Fgi – fiberglass repair kit	